SCRIPT 2016



First edition

About APSA

The Auckland Pharmacy Students' Association (APSA) is a non-profit student association that is elected by and run by pharmacy students. We aim to represent the interests of students of University of Auckland not only in the professional and academic stage, but also in smaller community settings.

APSA is committed to providing students with a well-rounded selection of social, sporting, and educational events in the hope of providing a holistic university experience for budding health professionals. Alongside our annual social and sporting events such as APSA Ball, pub-crawls, touch, indoor soccer, and inter-faculty events, we also organise Sponsors nights and educational activities too! We also offer our e-Editorial 'The Script", so keep a look out for them!

We greatly emphasise the 'Pharmily' vibe of our small cohort, and encourage and facilitate inter-year-group mentoring and Buddy systems to ensure a strong and cohesive student body.

APSA is run by a small committee of students and we liaise with Pharmacy School staff, members of professional committees, such as PSNZ and the Pharmacy Guild, and also our important sponsors.







APSA Execs







President – Jason Qu

- Leader, the Don, figurehead, head honcho, CEO, COO, Czar, lizard, and chief of APSA
- Starts and ends meetings
- Last name can be spelt as Q, Qu, cue, or queue
- Will vote for Kanye in 2020 for president



Vice-president – Surina Puri

- Works closely with the president
- Stands next to the president during meetings
- Has innovated several dance moves
- Favourite Disney movie is Aladdin









Secretary - Shambhavi Patil

- Records all information and maintains them for future reference
- Organises APSA meetings
- Makes room bookings without using books
- Professional wine taster and Shrek enthusiast



Treasurer – Surbhi Patel

- Manages APSA finances controls inflow and outflow within the committee
- Organises discounts for APSA events
- Professional businesswoman and does not have a known affiliation to the Mafia
- Collected all 8 gym badges and 7 dragon balls and has successfully kept her Tamagotchi alive to this day



Marketing Reps - Megan Veail & Miles Denton

- Organises sponsorships for APSA and liaises between sponsors and pharmacy students
- Provides a networking system between students and professionals
- Act like an old married couple
- #HealthAndFitness #VeganMeal #MegansUnexpectedJourney



Social Reps - Nigel Ong, Cindy Ji & Lucy Wong

- Organises events such as Pub Crawls, High Tea, and the annual Pharmacy Ball
- Nigel Ong, not to be confused with Philip Cabasag
- Cindy is also the president of TANSA
- Lucy (2014) achieved 67% on Rotten Tomatoes





Sports Reps - Daniel Holt & Jordan Hinton

- Organise sports events
- Professional athletes
- Jordan is a Yu-Gi-Oh champion and has summoned Exodia on his first turn
- Daniel is the founder of the Southern Hemisphere Hearts
 Syndicate



Media Reps - Philip Cabasag & Alvis Lee

- Made this document
- We are the funny ones
- Philip is from the Philippines
- Alvis pretended to break his right foot for attention



Education and Welfare Rep - Ashna Siraj

- Supporting and ensuring the safety of students at events
- Organises textbook discounts and first-aid courses
- Provides a bodyguard for students at events
- 'That's just berfect'



Grassroots Rep – Hannah Poole

- Link between APSA and Grassroots
- Manages Grassroots events for pharmacy students
- Her name is a palindrome and can swim in her own name
- Lives on a lifestyle block, not a farm







Class Reps

- Are the student year groups' link to the APSA committee
- Questions students have regarding APSA events or the pharmacy courses are directed to the class reps and passed onto the respective groups





2nd Year - Duncan Milne & Christie Anderson

- Duncan was a renowned DJ before he started pharmacy
- Christie is the youngest member in the Silver Ferns



3rd Year - Alycia Jaguar Chapman & Jonathan Murti

- Alycia was once a backup dancer for Michael Jackson
- Jonathan is aspiring to become the youngest Mr Olympia



4th Year - Ameer Kafilhussain & Henissa Tong

- · Ameer's favourite singers are Adele and Taylor Swift
- Henissa writes restaurant reviews for the NZ Herald

PSNZ Reps

- Liaises between PSNZ and APSA
- Organises PSNZ events for pharmacy students



PSNZ Reps – Stefan Romić & Stacey Lewin

- Stefan is the cousin of Novak Djokovic
- Stacey made the NZ Black Sticks hockey team, fuelled by wine instead of water







APSA President

What a time to be alive. If you're reading this it's probably too late and the semester is probably nearly over. I'm probably camped up in Philson as you read this, wearing a black hoodie because I'm trying to hide my emotions and not because of exams, but because of what a semester we've had, whether it be high tea, pub crawl, BNZ evening, and so on (seriously, I lose track of how many events we have lined up it's amazing). The implementation of the new curriculum and the positive future of pharmacy services makes it a very exciting time for us pharmacy students and APSA is glad to be around at such an interesting time.

I don't really know what to write so I decided to write a list of things I wanted to shout out.

- s/o to all my fellow fourth years on our pursuit for internships, love to you all
- s/o to all my third years because if you thought semester 1 was hard wait until semester 2 (last year I ran out of space on my stickies to put my deadlines on)
- s/o to all my second years for supporting APSA and coming out to all our events and I apologise for the horrible advice I give you guys sometimes
- s/o Mr Mario Pavicevic for driving me and Surina to the ball in second year because we wouldn't have made it otherwise (yes this shoutout is two years too late)
- s/o my Medsci lab groups last year for carrying me
- s/o the guy who had to give up at the first stop on pub crawl I apologise for roasting you about it
- s/o touch rugby and broken grills for bringing us all together and encouraging unity in 2016
- s/o THE SOCIAL REPS FOR MAKING ALL THE FOOD FOR HIGH TEA ARE YOU SERIOUS

I could go on forever but to sum it all up, thank you to every member of the committee for bearing with my occasional crazy ideas and all the amazing things you guys have done and thank you to every person that has supported APSA, whether it be just signing up or attending an event - we couldn't do all this without you guys.

Remember guys - never grow old because growing old is boring. Stay young and enjoy pharmacy school for what it's worth (I'm sounding more and more like a bitter fourth year now). Go to stuff (not because I have a vested interest), do crazy things and at the end of the day, remember to #LiveLaughLib and uphold our reputation as future professionals at all times x.

Best of luck for the rest of the semester.

Yours sincerely,

Jason Qu (come to the ball pls)



*Photos provided by Surina Puri









Sports Reps

Greetings chickens!

From the origins of the cosmos to the days of future past, the pursuit of sport has been a diamond in the rough and an outlet from daily hustle and bustle. We wish to acknowledge this today.

To begin with, we were incredibly pleased with how touch went this year. The event tickled all senses, the smell of sausage, the touch of ball and the taste of victory. What a delight. In summary, Propharma won (thank you for coming). However, excluding those juggernauts, we're left with 3 points apiece for 2nd and 4th years, joint winners due to a mild kerfuffle and lighting issues at the conclusion of the event. The third years came away empty-handed on this occasion, but they'll surely come out swinging at the next event.

These points contribute to the sports shield, a massive addition to any CV. 2016 is the inaugural year of this fantastic piece of wood; thanks so much to our sponsors for your generosity! Thank you also to our Marketing Reps for organising this.

A brief mention about Round the Bays as well. Chur to all who came; hope you had a mean time and hopefully this can be an event for years to come.

Anyway, next semester is going to be a banger. Netball and futsal are just around the corner (probably no sausages this time though, BYO pls) and will both contribute points to the shield, which will finally be awarded to the worthy winners at the ball.

Lastly, a cheeky notification on a novel event. Cancel all appointments and engagements next semester, as it will be time for us to lock horns and compete at a quiz night in conjunction with NASA (that's nurses). We guarantee that this event will be absolutely off the chain and completely worth your while. Exceedingly excited to see you all there.

Jordan and Daniel,

Peace.











Social Reps

Hey guys, social reps reporting for duty!

We've had a damn good year so far, kicking off with our biannual pub crawl in March, which was a 10/10 success. This semester's PC was themed "uniforms" and we got everyone to channel their fave inner professions (other than a sexy pharmacist) which ranged from naughty transgender nurses to a giant banana – which is totally a "uniform" in our books. Despite some hiccups along the way, we 'crawled' through and partied it out through Auckland, even managing to get a G-ma amongst our conga line.





PSA

AUCKLAND PHARMACY
STUDENT ASSOCIATION

We also held our first ever Pharmacy School High Tea at Alberton House and this time, we got everyone to class it up a little and trot out their fanciest attire. There was definitely no shortage of tea and scones, quality fam photos and top notch banter on this fabulous Sunday afternoon and... some were even lucky enough to walk away with some sweet chocolate boutique vouchers from our raffle. We hope that this is only the beginning of many more high teas to come!



So... What's next? Well...we're super busy planning the next pub crawl and our annual pharmacy ball, which will be on the 27th of August this year. Get those ball dresses and suits ready, fam, because it's going to be a night you're not gonna wanna miss! Keep your eyes peeled for more info coming very soon! In the meantime, all the best for exams and don't worry we'll drown our sorrows together.

xoxo APSA social reps





Page | 9

2nd Years



February. While everyone else was still on holiday we got off to a bright and early start with a week of induction. It was filled with fun and engaging activities - and was definitely not dragged out in any way... This led on to better things with Fresher's Camp at the end of the week.

Whangateau Holiday Park was privileged enough to host us - the responsible future faces of primary health care - for the three days.

Nobody knew exactly what to expect (besides the drinking) but some *COUGHEmmaCOUGH* packed for Africa.

Even though the weather put a bit of a damper on the jungle party, camp was a wild success. Isn't that right Jesse? Some

highlights of the weekend were the amazing race, and the Grassroots afternoon.

This was definitely an experience to say the least. Greasy Pig, wheelbarrow race, eating disgusting—delicious foodstuffs and wrestling for socks in a paddling pool of milk and scrap foods. This was followed by a competition to determine the Mr and Mrs Universe of camp 2k16. Congratulations Omar and Amy. You do disgusting stuff the best. The camp helped those of us who went (so definitely not Ayeshah) become closer as a year group, and got us amped for our careers in pharmacy! (So Ishank can finally quit his job at Maccas).

Us second years have been really involved with all the events that APSA and other uni groups have been putting on. We had a strong and sexy team at the touch tournament, and managed to come away with a draw (win) against the 4th years 1-1.



Round the bays was a new event for APSA, and hopefully we can continue to grow this with our involvement as 3rd years.





High tea was also a first and it gave everyone a chance to dress up and look around the beautiful Alberton House. Scones /10.

I'd give a high recommendation to the BNZ night if it's on again next year. Besides being a good chance to "network" with the handsome 3rd and 4th years, there's some pretty solid advice for anyone looking to open a pharmacy.

Cocktail party also had a great representation from our year group. Hosted by Grassroots and AUMSA, we had a chance to get classy and enjoy a cocktail or three while mingling with our more diligent counterparts from medicine, nursing and optometry. Ok maybe not medicine.













I have some fond memories of the pub crawl. Funnels were... Interesting. Amy's alcohol tolerance was... Amusing. Genetic polymorphisms yo #211toxicology. The party bus itself was probably the best club we went to, but we were pretty impressed with old Grandma joining in the conga line. Whether you got a hook up, or threw up, I'm sure it's a night you'll all remember.







This sem has been a blast. Pretty sure some lifelong friendships have started here. Like Stephen and his police officer buddies, and Pharmacy relationship #1: Doug and Roger. You heard it here first.

Cheers, from your year 2 reps,

Christie and Duncan







3rd Years

As the great Viji would say, "Shall we get started?"

A new year, a fresh start, the third chapter in our journeys to become pharmacists... "How bad can it be?" Never before have these five words been so mistakenly used in describing what our year group has gone through this past semester. University is just getting more and more challenging! Nevertheless we want to commend all you third years on making it through semester 1! With exams looming over our heads, it is time to knuckle down and put our head in our notes and go for it. But before we do that, we want to reflect on how this year has gone so far.





We kicked off the year (literally) with the Pharmacy Touch Tournament involving Pharmacy students from all year levels. Decked out in a *swag* of green that even an Irishman could be proud of, our finely selected ragtag band of Third year touch players set out to do battle (lol jk we got REKT). While the scores were lacking on our side, the enthusiasm certainly wasn't. Hot dogs and cold beverages were enjoyed while people cheer-leaded from the sidelines as some took part in the humble game of touch in all its weight bearing and muscle strengthening goodness. #pcp #OA

Pub crawl was one to remember - if we all could. The theme was 'Uniforms' with people dressing up in truly impressive and striking outfits ranging from roadside workers, to nurses in scrubs, school girls, firefighters, police officers, and everything in between. It was definitely an enjoyable time swinging from the poles of the party bus

and mixing and mingling in the different clubs and pubs. 'Twas a great night for all but not so much perhaps for our livers and GGT levels though. #alcoholicindicator

But hey, what happens in pub crawl stays in pub crawl.





On the complete opposite side of the pharmacy student spectrum of activity, the School of Pharmacy celebrated its first ever High Tea at the beautiful Alberton House situated in Mt Albert. Sharp looking guys and gorgeous girls enjoyed a pleasant afternoon and ate and drank their tea in a most polite manner. Brave and enthusiastic pharmacy students came early to help prepare the gorgeous display of food, which was most enjoyed to the delight of the committee. To those of you who missed out - a definite MUST DO for next year!!!









The BNZ evening was also held early in May with a small number of pharmacy students, including some third years, making their way to the very flash and professional Deloitte Centre Downtown. A fascinating talk was given by the founder and CEO of AFT Pharmaceuticals, Hartley Atkinson, about the past, present and future of AFT. We also had bankers and speakers from BDO and BNZ who shared some enlightening and educational advice about how to buy into a pharmacy, or even open a pharmacy of your own.

As well as all these events, first semester has also presented many new challenges for us. P302. Phooooaaaarrrr what even is this aye.

From LABAs and SAMAs to CrCl and BMI (shot Ajay), from RHEZ and moxi to Tuwharetoas and Afamasagas, we have been introduced to some of the craziest and confusing things we have seen in our degree to date. Don't know about the rest of you, but we come close to having an asthma exacerbation every time we try to keep up with Debbie in the workshop. And how about those lab reports. "I skipped class to write a report for another class" was definitely the motto to live by with thoughts of goldfish, amaranth and Vancouver referencing diffusing through our caffeine saturated brain fluids. The dreaded 6pm finish and 8am start also made an emphatic return for many of us along with the double whammy Fridays every fortnight. When will they learn we don't function before 10am???

The academic side of this semester (yup academics, that's still a thing) however has also had its bright moments. From sexy tubes and talking about making dry things wet in pharmaceutics lectures to the Medsci mouse labs and Paxton's first pass metabolism. Whether we spit or swallow (the phlegm), or enjoy an alcoholic beverage over treating your latent TB, these were some of the things that kept us somewhat sane in our insanity.

As your class reps, we would like to thank all of you who have been supporting the hard work that APSA does, but also for being a great class. We hope we have started our year as class reps somewhat well. What's coming up next? Loads more - class dinner, BALL, I repeat, the BALL, more sports events and other great activities -so stay tuned! But for the moment, all the best with the rest of the semester and with exams!

Chur chur From your class reps, Jonathan and Alycia





Several years ago we embarked on a quest. Some thought it was easy, some thought it was hard, some of us failed and some of us passed.

Now, there are 105 of us and we are going to graduate this year! To be honest, we probably still don't know what we're doing! But algood, like the great Albert Einstein once said, 'fake it 'til you make it'.

Even though assessments are at an all-time high and we couldn't care less, we've had a pretty good semester! Sure, dispensing labs and workshops manage to wreck us every fortnight... but we've managed to have heaps of fun this year too! The APSA events have been incredible (shout out APSA execs!) and the turnout has been spectacular thanks to you guys!



Figure 1 Ahhhhhhh

As we all live in New Zealand, we all know what comes after sports..... ALCOHOL!

As always, pubcrawl was a blast. We all showed a lot of love and support to our younger years, pressuring them into funnelling early in the night. The many (but how many?) bars we went to were great (we think) and everyone (probably) came out in one piece. So that's all for pub-crawl seeing as none of us remember anything anyway. And because we love you and you love us..... We posted some nice, classy photos of you guys. For any complaints about the photos posted, you can tell anyone except Ameer and Henissa.

Firstly, we had touch rugby where we played our hearts out and cheered for our *cough cough* clearly superior 4th year winning team. Some of us keen beans then decided to play for Pharmacy at the Grafton Faculty Touch Rugby Event. You all remember when Alvis decided to tear his ligaments to just provide some entertainment for the team?

Must give credit to those highly energetic morning people who ran "Round the Bays" earlier in Semester 1! Don't know how they did it, but they decided to wake up early and run for what seemed like forever all by choice!











As mid-semester break drew near, we had a lovely high tea. We all had a great time dressing up and looking pretty (even though most guys won't admit it!) the food was delicious and as expected the girls, and surprisingly the guys too, had a lot of fun.



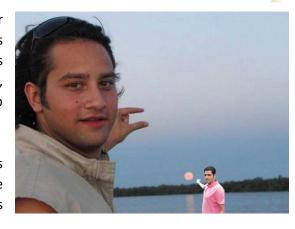




There's one person that needs a special mention. Mo, your participation and addition to our year group never disappoints. This man, since day one, has continued to show us the way when things weren't clear. If he doesn't personally show you the way enough, like his facebook page "Mo showing people things" so you can keep up with his crazy sight-showings!

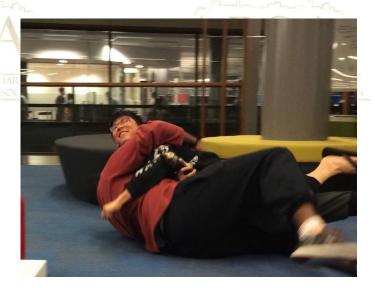
Now our degree is coming to an end. What was once a dream is now turning into reality. 8am's and traffic isn't our biggest issue anymore as we now face challenges such as finding internship sites and potential employers.

#8amandtrafficwillalwaysbeanissue #ameerproblems.











Miles Denton

21 October 2015 - Auckland

Jan-Feb HPP allocations just came out. Good luck to the poor souls who got Grey Hospital or Southland Base, that's an expensive educational holiday



Megan Veail GREY WAS MY LAST CHOICE

Like - Reply - 7 - 21 October 2015 at 20:01



Sean D'Souza Got Southland Base guys. Pretty keen ae. Unlike - Reply - 10 14 - 21 October 2015 at 22:15







Miles Denton Anyone know where to park for Auckland City Hospital? Oh. wait, Megan can I park in your driveway? Should be free right with you and Anna holidaying it up in the deep south.

Unlike - Reply - 109 - 21 October 2015 at 20:59 - Edited



Jason Qu Miles as megan is a valued member of apsa we will pledge \$1000 towards her safe return #bringherhome2016

Unlike Reply 6 5 · 22 October 2015 at 16:45 · Edited



Gaius Tan can the admin please pin this thread on this page. Its seriously the most important thread in all of pharmacy

Unlike - Reply - 7 - 21 October 2015 at 21:03



Miles Denton "Greymouth is a town with a history of jade hunting, gold mining and dramatic river floods. Sample the beer and listen to wild west coast stories." http://www.newzealand.com/int/greymouth/

Megan, you can listen to wild west coast stories!



Things to see and do in Greymouth, New Zealand

NEWZEALAND.COM

Like - Reply - 1 3 - 21 October 2015 at 20:35

Your class reps would like to wish you all the very best in your future. Don't chase the money, chase the dream. Live well, be happy and may our paths cross again in the future <3

Ameer and Henissa









APSA Sponsors

Every year APSA depends on the generosity of sponsors to assist in financing and facilitating our non-profit organisation events. In return, APSA provides sponsors with brand promotion at our events, privileged speaking opportunities, the right to advertise through APSA marketing and communication platforms, and importantly, the ability to liaise with pharmacy students throughout the year.

APSA greatly values the support that it receives from its sponsorship team. The organisations promoted on our Sponsors page are leaders in their respective fields. The financial support and relationship provided is vital to APSA's ongoing success and our commitment to pharmacy students.

Please take some time to explore and review our sponsors. Many have details about their place in pharmacy and the healthcare industry, including links to their own websites for further information.

Thank you to this year's sponsors for your partnership and valued contribution to APSA. http://apsa.ac.nz/sponsors/

Platinum Sponsors



Gold Sponsors





Silver Sponsors







Bronze Sponsors









Page | 18



An announcement by the Pharmacy Guild of New Zealand:

Dear APSA members and Auckland Pharmacy students,

The Pharmacy Guild of New Zealand is excited to announce the second Pharmacy Business Network, a one day business management conference for current and aspiring pharmacy owners and managers.

The conference is being held at the Pullman Hotel in Auckland on Saturday 6 August 2016, from 8.30am to 4.30pm.

The day will start with a key note address from Justine Troy, founder of 42 Below Vodka, followed by concurrent sessions on managing your business and managing your people.

Come along and learn the skills you will need in the future to run a business and manage staff. You will also get to meet and talk to pharmacy owners and managers from all over the country.

Early bird tickets are now on sale for just \$249 plus GST – we have extended our member-only ticket pricing to pharmacy students until mid-June.

For more information, please visit www.pharmacybusinessnetwork.nz

Or click on the links below to view more information on the speakers and the programme for the day. http://www.pharmacybusinessnetwork.nz/wp-content/uploads/2016/04/PBN-2016-speakers.pdf http://www.pharmacybusinessnetwork.nz/wp-content/uploads/2016/04/PBN-2016-programme.pdf





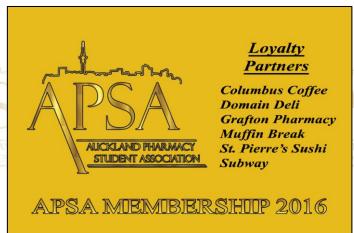




APSA Membership

Joining APSA entitles you to great benefits around being a Pharmacy student. APSA members are entitled to discounts to Pharmacy social events such as class dinner, pub-crawls, free membership to the PSNZ website, and the Annual Pharmacy Ball. It also recognizes you as a part of the Student Association.

Our APSA Loyalty Card





Our APSA Loyalty Deals

Muffin Break



If you have bought a keep cup through us, you can enjoy \$3 hot drinks EVERY DAY! Also you can get 50% discounted muffins from 6pm onwards*
Only available at Muffin Break in Auckland City Hospital.

*ONLY redeemable with presentation of valid APSA membership card at point of purchase.

St Pierre's Sushi

Buy a sushi pack worth \$5.80 or more and receive DOUBLE loyalty card stamps. After nine stamps, you will receive a FREE SUSHI PACK up to the value of \$8.50 on your next visit!

Available at St Pierre's Sushi Grafton.

**Based on St Pierre's Sushi loyalty card terms and conditions.



Domain Deli



Enjoy 10% discount on coffee/tea and all food from the menu, counter, or cabinet (EXCLUDING whole cakes) every MONDAYS and TUFSDAYS

AND every day after 3pm you can get your hands on \$5 cabinet sandwiches and salads as well as BUY 1 GET 1 FREE counter food.







Subway

Get a free small fountain soda and cookie with the purchase of any Foot-long, 6-inch sub, or Salad on TUESDAYS and FRIDAYS. Available at Subway Grafton.

**May not be combined with any other coupons, offers, discounts, or other special deals. Limit 1 per customer per day. Extra costs for additional meats, cheese, bacon, avocado, and other extras. Excludes Sub of the Day subs.



Columbus Coffee



Get 15% discount on all food and drinks when spending \$10 or more Available at Columbus Coffee Auckland Hospital.

**No two promotions may be used at the same time. Discount is not applicable on breakfast or lunch special menu.

Grafton Pharmacy

Receive a 15% discount on retail items with a new Prescription OR

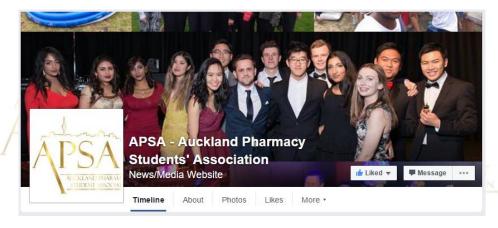
10% discount on retail items without a new Prescription.



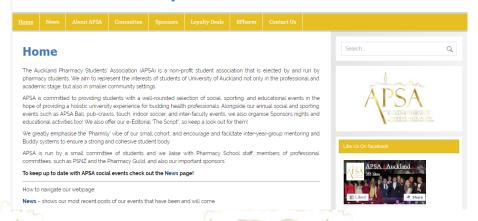
Remember to like us on our Facebook Page and to check up on our APSA Webpage!

facebook.com/APSA.UOA/

apsa.ac.nz



Auckland Pharmacy Students' Association



Mo's Corner

Why did clopidogrel not want to drop out of school? He was aspirin' to go to university.



Cil_{azapril} arguing about who should be the and goalkeeper for their football team. In were an effort to settle the argument, their coach, Metoprolol should be the goalkeeper because he's a beta blocker.

Why did the ancient Egyptians never get dementia? Because they were born in BC





Why did Mr N buy ibuprofen from the pharmacy? Because Mrs NSAID they were good.

Why do ants use Mylanta to get high? Because it's an ant acid.

Why won't I share my antacid with you? Because it's Mylanta not your lanta.



Professor A: I'm going to make sure none of my students ace the exam.

Professor B: How will you do that? professor A: I'm going to make them take

an ACE inhibitor before the exam.



A man with high CV risk and an AA smart fuel card decided to only go to Caltex to fill up his car. Why did he do that? Because the doctor told him he needed to reduce his BP. After a month he stopped using his AA fuel card and went to another petrol station. Why did he do that?

The doctor told him he needed to exercise and be more Mobil.

Why do scuba divers dive backwards off

Because if they fell forwards, they'd still the boat?







What is Whitney Houston's favourite coordination?



Hand-eyeeeeeeeeeee.







AUCKLAND

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