
THE SCRIPT 2016



Second edition

Acknowledgments

It's been a real pleasure bringing the script to you for the last time this year. We would like to thank a few people for making this happen. First off, to the class reps Duncan, Christie, Jonathan, Alycia, Henissa and Ameer for providing us with content for their respective years. Also a big thank you to the APSA committee next year for their passion and hard work. This year is definitely one of the best committees APSA has ever had. We would like to wish next year's committee good luck.

We would also like to show our appreciation to Cloudy and Hamed. Without their creative flair, this project would not have been possible.

To Mario, for his dank memes.

To Thillak the Grey.

A big thank you to Joelson for taking the fourth years' class photo.

Finally, we'd like to thank each and every one of you for downloading this document and hopefully reading this bit and the rest of the script.

APSA President

In less than a month I'm going to be graduating (fingers crossed) and that is so crazy. I'm not really sure where the time went. APSA's been busy this year and to be honest we've had too many events for me to list so I'm just going to jump straight into it - this is my thank you corner.

Thank you to the committee - I know I've repeated this ad nauseam but I still really need to drill it in. I spend half my time in the meetings with my hood up complaining about life and without them none of this would be possible.

Thank you to everyone who ran for the new committee and congratulations to the new team. I'm not sure if you'll do as good as we did but I'm sure you'll kick ass (it's a joke), but Hannah is a great friend of mine and I know she is going to do an amazing job.

Thank you to the Otago pharmacy students' committee - I'm not sure if you guys will see this but I'm really glad we managed to open the door this year and, hopefully, this will lead to some really cool collaborations in the future (In case you guys can't tell I'm a really big fan of speaking things into existence. Positive energy and all that, you know).

Thank you to my dissertation group for dealing with me.

Thank you to all the staff members for dealing with me.

To all the fourth years - thank yourselves. We've nearly done it!! How did we go through 4 hours of lecture every day in first year when half of us can't even stay awake for one 408 lecture a week these days?

To all the third years - like everything in life, it doesn't really get easier, you just get better at it but just remember to always ask for other medications/medical conditions/allergies/is it for yourself or you might fail.

To all the second years - I'm not as weird as I portray myself to be with you guys. I swear I'm a normal guy.

Don't be boring, live a little, and make sure you have fun at the end of the day because anyone can make money, but it's a little bit harder to help people and be happy while doing so.

Sincerely yours x,
Jason Qu



APSA Exec 2017

It's hard to believe that I'm in the position I am right now. While I am sad to be giving up my position on Grassroots (rural health for life), I think it's someone else's turn to spam Facebook notifications with rural health event details; just don't expect me to stop wearing my prized singlets anytime soon.

My new role is so incredibly exciting, we're in the works of getting some pretty big things underway (watch this space) and I'm so honoured to be leading the team for next year. We're so lucky to have such a diverse and passionate committee going forward and I know that there will be no shortage of helping hands and fresh ideas.

I'm so grateful to have been part of the 2015-2016 APSA execs. I'd like to thank the 2016 exec for all their hard work this year, allowing me to take on APSA with such a high standard of work set before us to meet and hopefully to exceed. Our new committee will keep you up to date over summer with everything going on. I'll be working on how to be a bit more eloquent in interviews given (still cringing at my 'really good' quote in Pharmacy Today), but I do promise to represent you all fairly and equally.

Don't be afraid to get in touch with the execs over summer if you have any ideas, or more importantly any concerns. We're here to be your voice! In the meantime, good luck for exams and be wary of the signs of caffeine addiction (withdrawal headaches already anyone?).

APSA President 2017,
Hannah Poole



President: Hannah Poole

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& Abi Stuart

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PSNZ Reps: Farah Syed & Kate Shilston

MAPAS Reps: Natalia Hunt & Cassidy Garrett

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2nd Years

It's Script time again and what a fantastic semester it's been!

A bit of adjustment was needed after our learning was flipped upside down with the introduction of the new module-based content, but I think we can all agree it's been a massive success, despite a few hitches along the way *cough TDM workshop*. The focus around case-based learning has really forced us to use both our brains and our quickly acquired research skills to find the answers to life's more important questions - like whether you use an ointment or a cream for that rash.

After a great start to the sports year in first semester where we vied for first place in the inter-year touch rugby, we kept up the spirit with some hotly contested netball and indoor footy in our efforts to take out the title - the new and prestigious Propharma Sports Shield. We were the clear underdogs of the competition, starting off well with wins in the indoor netball round robin against both 3rd and 4th years. This put us through to the finals, but unfortunately we couldn't quite pip the 4th years second time round. Despite this, we saw the emergence of some unexpected talent, with Roger's height and Doug's competitive streak making for an entertaining, if slightly violent game. A couple of the lads (+ Ella) pulled together for a great effort in the footy, but though we tried to redeem ourselves, the 4th years took a well-deserved win.

Pub crawl round #2 didn't disappoint with whole new venues, including the familiar yet well endeared Bar 101. As usual our social reps had hooked us up with free-for-all pizza and some boxes of Billy's at the domain before we all piled into the party buses with One Dance on repeat which set the mood for the night. The mechanical bull at Shooters provided most of the entertainment for the night. Some lasted just a few seconds and others somehow drunkenly held on for dear life for a solid minute or two. A slight detour to the kebab shop was a must on the agenda to satisfy our intoxicated cravings and of course there was no better way to end the night than with the \$3 drinks at Bar 101 - our last ditch attempt to forget our drunken mishaps. Classy.

Marketing extravaganza: Not gonna lie, the promise of a comedy hypnotist show was very enticing, though of course we all would have gone anyway right? Right?? After receiving our free APSA goodie bags we chugged through an hour of sponsor hype, had a quick pizza break and then went back in to see whether our fellow classmates would fall under the spell of hypnotist Gerard V. We had a huge number of our class put their hands up and it was great to see everyone having a laugh.

Our first university pharmacy ball lived up to its reputation with social reps putting on an incredible night. Who could have asked for a better venue than the museum with its spectacular 360 degree views and beautifully decorated garden theme. The incredible food and company made for a very memorable evening. Not to mention the open bar which some of us took advantage of more than others... By the way, you all looked stunning and we hope to see you at next year's ball!

We've been to so many other events this semester we've almost lost track of them all. In the mid-semester break we were fortunate enough to get some early hands-on experience of TONIQ and LOTS with a couple of training sessions, courtesy of our fabulous APSA marketing reps (cheers guys). Welfare week was a chilled out change to the stress of the Philson library lifestyle with the Zen/meditation evening giving us mad skills in keeping on top of our stress, and puppies. Who doesn't love puppies? Also the PSNZ night, Grassroots rural health week (yummy pancakes by the way), and pub quiz were just a few more of the great events put on by our wildly successful 2016 APSA team. Big ups to them.

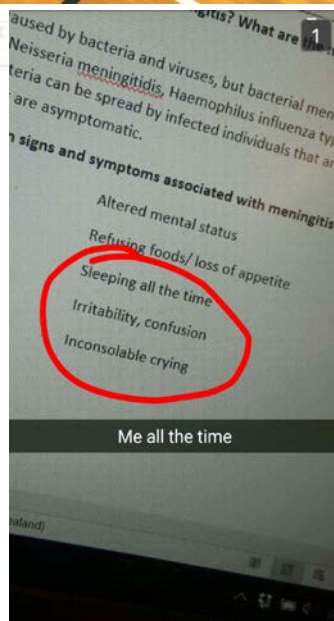
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And we almost forgot to mention our very own event, the 2nd year class dinner! All-you-can eat buffet at Genghis Khan - Mongolian BBQ was the cuisine of choice, and many of us probably never want to see BBQ again after stuffing ourselves to the brim with meat that probably wasn't halal, but was definitely hala yummy.

Our transition into the world of the health professional has been smoothed over by so many things like support from APSA, our helpful tutors, and a few raging parties. But in all honesty, working together with you guys has been the true highlight of the year. Love you all. Plz pass exams.

Duncan & Christie





3rd Years

“Boulevard of Broken Dreams” by Green Day, “All Hope is Gone” by Slipknot, “Drown In My Own Tears” by The Smithereens. What do these songs have in common you ask? A forgotten love? A failed romance? Or was it just the dark inner machinations of the artists’ minds? Whatever thoughts these artists were thinking about when they wrote and recorded these songs, I’m sure they would have come up with plenty of content if they were also in Semester Two of Third Year Pharmacy.

Words cannot describe the struggle, the physical and emotional stress and that ‘Titanic’ feeling that I’m sure most of us have experienced and are still experiencing in this half of Third Year. Like a multi-pronged attack on our sanity and motivation, this semester has out of nowhere hit us with a one-two combo that has left many of us reeling and staggering to continue. However, amidst the fire and the flames there were a few moments during the semester which proved to be that little fire blanket, which helped stop us from getting fully toasted.

We concluded the first half of our second semester with the annual Pharmacy Ball, themed Garden of the Deities. It was held at the Auckland Museum and the ballroom was a sight fit for gods indeed. We were certainly fed like gods as well with a banquet of seafood, delicious salads and incredible desserts that left most of the ladies bursting out of their dresses. It is fair to say that everyone (including some of our lecturers) enjoyed the evening immensely. We would also like to congratulate once again those people chosen for the 2017 APSA Committee! You are a fine-looking bunch and well-deserving of your positions and we know that you will do us proud next year.



Being a semester of surprises, what better thing to do than to have an island themed pub crawl in the middle of winter? And that was exactly what went down! The Social Reps once again went out of their way to plan and pull off another successful pub crawl that was enjoyed by all who attended. Pharmacy students decked out in flower shirts, leis, and sunnies gathered en masse once again at the Domain to take part in somewhat unprofessional conduct. Anyone got an SOP for getting rid of a hangover? Big ups once again to Chase Raleigh for being downright nice and to Ursula Lukaszewicz who totally sussed the mechanical bull (P.S hope you’ve been wearing your cowboy hat).



This semester was our first time taking part in community and industry placements and for some of us, was the first ever time stepping into a pharmacy environment. From the excitement of choosing location preferences and the relief (or shock) at receiving our allocations, our three day community placements allowed us to get some well needed dispensing practice, with the patient interviews proving to be an eye-opening experience for many. More recently, we had the chance to visit Du-Glass Pharmaceuticals and the ProPharma distributing centre for our industry placements. From learning about GMP and SOPs to the importance of organisation and efficiency, all we will remember will be the boxes of free pizza, bowl of chocolates, and free drinks given to us so kindly at ProPharma. On another note, good luck to all those doing their hospital placements this coming November and December.

Speaking of dispensing, this brings us to Pharmacy 301: Pharmacy Practice 3. OTC? Dispensing? Law and ethics? Pssh this is going to be P101 all over again... or so we thought. The dispensing labs were a big learning curve for all of us and were something which we needed to adjust to fairly quickly if we ever had hopes of getting above 5 on our prescriptions, finishing our counselling, or stop having to run around like headless chooks. The OTC workshops have proven to be quite engaging and interesting and based on some of the roleplays; it is fair to say that we have some awesome pharmacists (and/or actors) in the making.



Our most recent event was the Class Dinner which was held at the fantastic and fabulous Flying Burrito Brothers. There was a good turnout for the evening that filled their tummies with margaritas, Mexican chicken wings, burritos, quesadillas, and delicious chocolate cake and cheesecake. And let's not forget the debut of the APSA Hypnotist Show! Definitely a lot of laughs involved with that one and great to have fresh new ideas so keep as all entertained. A big thank you to everyone who supported these events and let's hope we see even bigger numbers for the last ever class dinner next year!

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As mentioned previously, this semester has been a true battle with everyday proving to be tougher than the last. However, we are so close to the end of the fight! So, don't throw in the towel or tap out just yet because we know that there is still some fight left in all of you (cue the Karate Kid music). We would like to wish you guys the best for your group projects and presentations and of course for your exams and we know we'll see you on the other side.

Go well and go hard :)

Your friendly neighbourhood Class Reps,
Jonathan & Alycia



4th Years

Ladies and Gentlemen,

We would like to congratulate you all for making it through all the good and stressful times that we experienced during our four years studying towards our Bachelor of Pharmacy. The journey has been long and tough but now it has come to end. All the ups and downs (mainly downs) will all hopefully be worth it. As we're about to graduate, we think it is important to focus on all the 'better' times we had in this degree to try end it on a good note - despite this year's terrible exam timetable.

Ball as always was a blast and if you had been to all the previous ones you'd agree it was the best! Definitely need to make a special shout out to Yousef for sweeping both Maree and Maureen off their feet - not sure how Ashna feels about it, but for the sake of our amusement, we have posted the pictures. Also, it was great seeing how crazy you all can get and the photos after will provide years and years of laughter. There was such a unique range of photos available from the ball! Not all of them are included so make sure you take a look and have a laugh at your classmates.

Also, class dinner was spectacular, absolutely amazing and we would like to thank the class representatives very much for organising it (You're welcome :P). We're very glad that people had dinner still because with the amount of alcohol we collectively consumed, we should've just called it class drinks. Regardless, the night goes down as a good one to remember. Just a shame not too many photos arose - probably because everyone was too intoxicated busy enjoying their meals to take photos. It was great to see so many of you there, mixing and mingling. We all looked like a pharmily instead of just a class <3.

Instead of focusing on the stress and anger that comes to heart when we think of dissertation, we feel that we should make a note to solidify the importance of completing such a project. This has proven to be a challenge for all of us and I don't think any of us were really expecting what we faced. However, we all completed a thesis and that is truly an achievement in itself and we should all be very proud of ourselves.

The experiences that we have endured together has no doubt brought us closer together and life-long friends have been made. Despite completing our degree, the journey doesn't end here. The pharmacy industry is tight-knit and each one of us will continue to work and interact with our classmates again in the future. Be good and others will be good to you. Help each other out, and put in good words for each other because we're just small fish in a big sea.

Despite the struggles of pharmacy, the last few years have been exciting, engaging and (as cliché as this sounds) the best years of our lives. We will (mostly likely - good on you if you want to do post-grad study!) never experience anything like this again. However, the study does not end here and we will be launching into a life-long learning career. It will continue to be a difficult and rewarding journey, but we believe that every one of us will go far.

Lastly, thank you to everyone for making our class the best year group ever. We'd like to wish you all the very best in your future endeavours.

Best wishes,

Ameer and Henissa







Sports Reps

Ladies and gents, a resounding and unadulterated thank you to all of you out there who turned up to the events, we hope you had a mental time!

The normal sporting events gave the hardworking (and hardly working) pharmies a break from the hustle and bustle of Grafton and an opportunity to bond with their peers. Sadly, we didn't have the whole hall available for netball or football, but this didn't faze anyone. The turnout at netball was mean. The second years gave the fourth years a proper scare, winning in the group stages, but were thwarted in the final, experience trumping the young bucks. MVP was without a doubt Roger Liu, an absolute god in the semi-circle and a delight to behold.

Next: futsal, we had an absolute blinder and hope you did too. The evening played out with eerie similarity to netball. The second years again looked confident early on, only to be sent home with their tails between their legs in the final by a resurgent platoon of fourth years. Our personal choice for Player of the Night was none other than Kimberley Oosterbeek, who made a nuisance of herself in the enemy half, finding the net with grace and finesse.

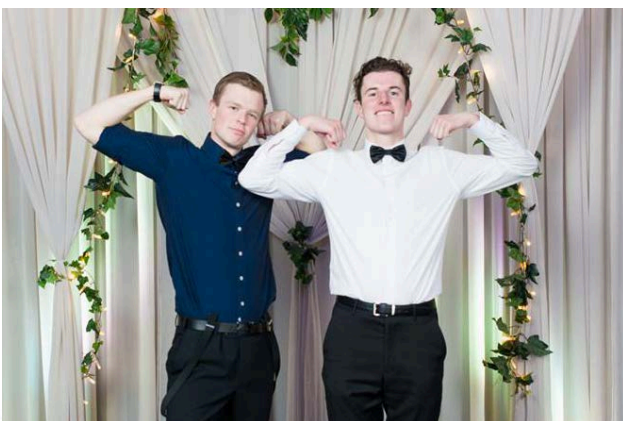
In summary, we are proud to profess that the might of the 4th years has prevailed. Their achievement conveniently coincides with the establishment of the Propharma Sports Shield. This is just the beginning. Who knows what lies in store for pharmacy next year? A new sport (volleyball) and a new year group to throw a spanner in the works. We can only conclude that it is nothing short of vital for students to stretch the legs and exercise during their uni years.

But let us move on to a more cordial topic. We decided to have a bit of fun this year, and added the pub quiz to our repertoire, held at the old faithful, Shadz. With a lot of blood, sweat, and google powerpoint time spent, we were proud to present the APSA's first conjoint event with NASA. In the end, trivia maestro and budding standup comedian Mo led his flock to a convincing victory. We were proud to present them with chocolates, a bottle of chardy, and we also gave them a cafe voucher, which expires on the 31st of October, if you were wondering.

Thank you to Propharma, for getting involved in our events, putting us all in our place, and providing the Sports Shield. Getting dominated every which way has never been so much fun! We hope the young ones give you more of a run for your money next year. Thanks to all the refs and providers of equipment. And, thanks to media for documenting moments of triumph, defeat, and raw humanity.

All in all it has been a pleasure to bring everyone together through the sporting arena, a cheeky bit of mental battling and yarns of questionable quality. Good luck for exams, have a phenomenal holiday, and all the best for internship!

We are Jordan and Dan, and we approve this message. Good day.



Social Reps

We're almost nearing the end of the year and it's hard to believe how fast 2k16 has gone!

Sem 2 started off in classic pharmacy school fashion with Pub Crawl 2.0 "Island" theme, and we partied our way around the waterfront, to Shooters, the Juice Bar, and capped off the night at Bar 101. Despite the cold weather that resulted in many fripples no doubt, many were brave enough to sport their ugly Hawaiian shirts and respective beach attire showcasing that pharmacy students are not only great dispensers, but also 10/10 mechanical bull riders.

This year on the 27th of August we also had our Annual Pharmacy School Ball at the well renowned Auckland Museum event centre with the theme being 'The Garden of Deities'. We can't help but exclaim how great of a success it was! Everyone came along in their glamorous and very debonair suits and dresses. Congratulations to all who won awards that night. There was plenty of food, wine and photography to go around with everyone channelling their inner red carpet feels.

So here ends our term as social reps for 2016. While it's been a hectic year for us, we've had a lot of fun along the way organising events for all of you. We hope that you've had as much fun as we have!

Hold tight over the next couple of weeks, crank out the study and party hard at the end!

All the best, friends!

xoxo Nigel, Cindy & Lucy



Marketing Reps

Kia ora all,

Twenty-sixteen (2016) has been quite a year for APSA Marketing. We have built on our predecessors in leaps and bounds, evolving APSA into a more professional, reputable, and successful organisation which delivers on promises and provides events and product of the utmost quality for our members, associates, and sponsors.

We are both extremely proud of what we have achieved this year, particularly the creation of four new APSA awards (the GXH 4th year and LOTS 3rd year student of the year dispensing trophies, the ProPharma sports shield, and the APSA pharmacy staff member of the year) which were all presented for the very first time this year. These awards recognise and celebrate the success of those associated to the BPharm and we are confident they will be on-going awards for many years to come (displayed outside Pharmacy reception until next year's ball – so go check them out).

Other noteworthy successes were officially partnering with both Green Cross Health and Go Healthy for the first time, re-establishing Douglas Pharmaceuticals as a sponsor (where we were privileged to have met Sir Graeme Douglas), sustaining our relationship with all our existing sponsors from last year, hosting the sponsors and hypnotist evening, LOTS and Toniq training, APSA packs, and lastly negotiating and re-implementing APSA membership cards which provided valuable loyalty deals to our members.

Of course an enormous reason for our achievements this year was due to our wonderful APSA committee and most importantly our tremendous sponsors. Our sponsors are all leaders in their respective fields and our relationship with them has been vital to our ongoing success. We encourage our members and pharmacy students to consider our 'Sponsorship Team' when contemplating an investment or venture in the wide range of products and services they offer. Finally, we would like to once again thank our esteemed sponsors for their partnership, support and valued contributions:

Platinum sponsors – Green Cross Health and Douglas Pharmaceuticals,
Gold – ProPharma & Pharmacy Guild,
Silver – HealthSoft/LOTS, BNZ & GO Healthy,
Bronze – Toniq, BDO and PSNZ

We wish next year's Marketing Executives – Duncan and Ayesah the very best and trust they will continue on from the accomplishments of 2016. Congratulations again to the inarguable winners – Susan, Darsh, Trudi, and the 4th years who won this year's respective awards. Good luck to everyone for 2017.

Cheers,
Miles & Megan



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ProPharma

Karn & Kevin and the Team at ProPharma
would like to take this opportunity to wish you, your families and your tutors,
a very **Merry Christmas and a Happy New Year.**

We look forward to seeing those of you who are returning next year, at one of the occasions
that we support APSA in.



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Mo's Corner: exam stress edition

What anticonvulsant is the worst?
EthoSUXimide.

How do we know Leonardo da Vinci was able to treat heart attacks? He painted the MONA Lisa.

A man goes into hospital with an infection. The doctor working there was from ancient Rome. Why did the doctor give the man four amoxicillin capsules? Because the guideline said amoxicillin IV.

What do you call a woman who uses Ural sachets? A basic b.

Why do computer programmers get constipated? They do a lot of codeine.

What do you call a dinosaur that can prescribe medicines? Tyrannosaurus Rx.

What did the doctor say after he accidentally prescribed 4 amoxicillin capsules a day instead of 3? "I was just qid-ing".

Why did the man with atrial fibrillation start reading Justice League comics? Because he heard DC can restore sinus rhythm.

Which plant is the deadliest? Poison IV.

What gun gives you a heart attack? STEMI automatic rifle.

Why did the boxer take all his medicines at night? Because he got nocte out.

Why won't I share Mylanta with you? Because it's Mylanta not your lanta.



No easter eggs this time but xo love you all <3 and good luck for exams

