

#### 2018 Second Edition

# The Script





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## Acknowledgements

Presenting the final script for 2018! As media reps would like to thank every single one of you for all the good times and equally embarrassing times that make for even better photos! Additionally, we want to wish the newly elected apsa reps the very best of luck for 2019 - you're gonna need it!

Enjoy the last weeks of the semester - don't stress too much... or not enough! And have a great summer!

Thanks to the rest of the exec and the class reps for graciously and promptly providing all required material.

Thanks for taking time out of memorising the AMH to read this - hopefully it's worth it!

James and Ella





### President's Message

5 months on from the last edition of 'The Script' it's finally starting to feel like summer is on the way.

With only a few weeks until Uni breaks for summer, every moment at Uni is starting to feel like one of the last for our 4th years, who will soon be off to start their lives all over again as interns all across the country. What a thought! 4 years finally coming to and end. It makes me sad, but I won't be the only one who's glad when the BPharm is over.

This semester has probably been the toughest ever for most of us in all year levels of the BPharm. But as always, that hasn't been an excuse for us not to have fun. Shout out to this semester's pub crawl, which was one of my favourite of all time with all of us dressed in high-vis vests and with enough pre's to be pumped as on the buses.

Our annual Pharmacy gala ball was also a massive success and something that I'm really proud of my Exec team for this year. Once again I just want to thank the whole APSA Exec Team for their hard work this year. You've been a pleasure to work with.

I'd also like to personally thank all of our sponsors for their support, which is absolutely essential for APSA in maintaining the high quality of events and ongoing activities that we do, and supporting pharmacy students in every way we can.

However, with the end of the year so close, this means of course that APSA's new Exec team for 2019 has been announced. I'll be happy to be relieving the reins to Piyara and her team in the next month or two. I'm sure they'll do a fantastic job.

As this is the last time I'll write to all you lovely students who I will miss so much, I just want to reiterate what I said at the Ball earlier in the year.

I know that many students who have been out on placement and spent time in the "real world" pharmacy setting are apprehensive about internships and future prospects of career progression. After all, there are already hundreds of more experienced pharmacists out there who are waiting to take cool new pharmacist jobs like working in GP practices when they eventually come (out of the top-down changes in the profession that are slowly happening).



The best thing for us is to create new opportunities for ourselves. If I had spent more time at University I would have wanted to push that our degree build in a course in entrepreneurship and

health leadership, because I think these are the most important skills for our generation of pharmacy students.

If I could offer one piece of advice to every single BPharm student, I'd say focus on learning the skills of the future. Keep your eyes and ears open and find something that you're interested in - whether it be using new technology systems, focusing on medicines system management, policy, research, teaching or clinical governance - and learn as much as you can about it.

Because who knows what the future will really look like? Remember, the people who will drive these changes are us.

I wish you all the very very best for your future lives. Have a fantastic Christmas and turn a fresh leaf in the new year.

Peace out Duncan





#### Sports Reps

Hello friends, it's Patty and Zac here and we were told we had to write about sports for this semester. We'll keep it short and sweet for you guys (and it's not because we're lazy ).

First sport of the semester was netball. There was really no point in having this event. The 2nd years were dominant and won all their games, while the 3rd and 4th years were just there to make up the numbers. Congratz to the 2nd years for deservedly taking out netball (the final wasn't even close IoI). MVP goes to the entire 2nd year team – they were just too good for the 3rd and 4th years. We might need to tell next years sports reps to cancel netball because we actually want everyone to have fun.

The last event of the year was futsal. Despite the turnout not being ideal, all in all it was a good event. Propharma came along which was good bants and the night ended with the ball being stuck on the roof. This was more of a social event as the sports shield had already been handed out so there were no winners at this event. Shoutout to Zac (and Roger) who were the only 4 th years to turn up, Yang who was the ref (even though he didn't know how to play) and Alden who managed to nutmeg Patty – a huge accomplishment. We just want to give a prodigious thank you to everyone who came along to the sports events this year. We hope you guys had a bloody good time and that it provided some of sort of stress relief from pharmacy. We also want to thank Sachin for being a gc and turning up to most of the events. Lastly, we would just like to congratulate Yang Gao and Louise Kim. Good luck for next year and we hope you guys do an amazing job as sports reps for 2019!!! 'Winning isn't everything but losing makes you a loser'.

Much love,

Patrick and Zac.







<u>Social Reps</u>

Imagine the idea of going through the BPharm degree without having any social events. Where people only knew of each other as GPA 9 Brian, the blondie that asks questions in class or Dorathy, the teachers pet. It has been a pleasure as social reps to provide for the cohort the means of attaining not only a social life but also a tight knit community of friends and family. We now know each other as: GPA NEIN Svenja, Tak Yak Jairah ©, 비극 (tragedy)

Sue In, Harami Ayeshah, Ollie the bootleg Daniel Craig and Yash the kid that asks questions in class (Lmao).

The end of our midsemester break was commemorated with our annual and oh-so-classy APSA Ball at the Maritime Room, and ME OH MY yes BOIII what a highlight. With

an open bar, buffet, exclusive snapchat filter and 2000's throwbacks from the DJ, we knew we'd be in for a night to remember. Fleurs Dansante, 'dancing flowers' was the night's theme and students and

staff alike danced the evening away, glasses in hand, while looking out onto the wharf.

Thank you to those that attended, and for those who didn't, I really hope the FOMO didn't cut too deep. It was lovely to meet everybodies friends and partners outside of pharmacy who also attended. Thanks to all of those who helped make this event come to life, and an even bigger thank you to those who boogied with us on the d-floor.











corners of New Zealand, ranging from eau de toilette Rotorua or bustling super cities such as Huntly. With exit tests looming, we still scraped a higher attendance for second pubcrawl than most lectures. A big shout out to Mo/Muj/Mike/Mohammed (or whatever his name is) from third year for providing his car as the centre stage/speaker/bin for the pres at the domain. The air had a sweet smell that night, possibly a mixture of the Smirnoff Double blacks and Johny's boob sweat. With troopers falling faster than the price of a prescription, we crawled to the final destination, the holy grail of town life. Bar WunOWun. In case you have forgotten the itinerary, attached is a detailed map showcasing the three stops.

The social side of second semester was off to a rocky start with 3rd and 4th years travelling on placement to all two



AND THAT'S 2018 COMING TO A WRAP FOLKS.



Fahd, Piyara & Eliza







#### 4th Years

Let's start off with the semester break. Oh wait. What's a break again??? No sane fourth year knows what a break is anymore. We have all just been zombies walking around Grafton looking for free food, caffeine, sugar, love, formatting help, writing help, life help...



Speaking of writing, we finally handed in our dissertations. YAY!!! All in all P410 was a rollercoaster of an experience. On the study front, we've got one more module to do. We're trying to keep our last three brain cells (collectively shared within the class) holding on, trying to focus, to get this done.

We chuckle when we hear 3rd years complain about their combined exit test for endocrine and women's and men's health. LOL. LMAO. LMFAO. ROTFL. HAHA. LOL again. Wait till you have all the modules since second year tested in one test. With no lectures. No recordings. No case questions. No readings. #welcome to the #integrated module. We dead.

Four weeks to Graduation and everyone in fourth year is feeling the bittersweet feels. We will be glad to be done with uni, but we've made these strong, friendly, honest, sometimes-alcohol-induced bonds with each other that we know we'll miss. Some of us are moving to different parts of the country or another country (looking at you Duncan) and life will just not be the same.



But change is the only constant and know that "What you seek is seeking you" (1). With a new path now in front of us, we want to wish good luck to everyone in fourth year for intern year, good luck to the third years for next year, enjoy it completely, it goes by too fast. Thank you to the Uni and the



School of Pharmacy staff for teaching us and being so gracious with us. Thank you to APSA and the sponsors for caring about us and always giving us a good time.

From the fourth year reps, this is our signoff. Love you always peeps, Grace and Jo.

#### References

1. Rumi (Some time between 1207 - 1273). Things you say to sound deep. Source URL: <a href="https://en.wikipedia.org/wiki/Rumi#Major\_works">https://en.wikipedia.org/wiki/Rumi#Major\_works</a>. Date Retrieved: 13/10/2018. 12:10 am.





## 3rd years

#### WE'RE NEARLY AT THE END.

It's been a crazy year, but as third years we've now submitted 3 integrated assignments, 3 ePortfolios, and have probably had at least 3 mental breakdowns in the last 2 years of studying pharmacy.

It's been as difficult for us to get our GPAs up as it is for a man with ED, but unfortunately there's no magic pill for us. Second semester has flown by, and what a semester it's been! Although it's been an intense 3 months, that hasn't stopped us from having a good time.

We've had the annual APSA ball, where everyone looked absolutely resplendent. It was a beautiful night with incredible hyperglycaemia-inducing foods and drinks and great company, and amazing memories were made. It was also wonderful seeing so many third years elected as upcoming APSA executive members - congratulations!



Pub crawl was another event where everyone was amazingly colourful, and with sports, the third years placed second equal in the competition for the ProPharma Sports Shield - thank you to all who got involved, players and spectators both!



Our final event this year will be our class dinner, and it'll be a great final night before summer hits and we say goodbye to hospital coffee, waiting in line for a microwave, and waiting for slides to be uploaded.

With our numerous all-nighters and late submissions, it's been amazing seeing everyone helping and supporting their fellow third years, both in person and online, and I can't wait to see what fourth year brings us.

It'll be our final year together before we all branch off to become proper responsible adults - there'll be the long-dreaded dissertations, more integrated assignments and ePortfolios, and so many more green pens and reading lists. However, I know there'll also be tonnes of laughter, jokes, and great memories made, and I can't wait to experience our final year of pharmacy with each and every one of you.

It's been an honour and a privilege acting as your class representatives, and I can't thank you enough for all the support and encouragement you have provided.

Have a wonderful summer,
Love
Alice and Jairah <3
P.S. brush twice daily and avoid grapefruit juice xx











## 2nd years

With our dreams of a perfect GPA crushed and glasses thievery added to our squeaky clean criminal records, us second years are really nailing this semester. Now we know what the fourth years meant when they told us to "gap it early" while we can. Anyhow, let us take you through all the haps this semester.



The annual Pharmacy ball was definitely a highlight of this semester, complete with a tear-jerking speech from Omar (our beloved welfare rep) and an impressive open bar. It was also an occasion to acknowledge some of the most amazing yet underrecognized individuals in our cohort. For those of you who have not yet heard, here is a complete list of award recipients who have been chosen (extremely fairly) by us:

The Eight-star Pharmacist - Priya Patel

Party Animal - Xiaoxin Xie

King of Pharmacy - John Allos (Successor to the throne from Yang Gao in third year)

We were also extremely proud to see Karen, John, Fahd, Louise and Sue In elected as APSA representatives for the 2019 committee. Congratulations to all extremely deserving award recipients and future APSA representatives!

Special mentions to Kelly Wong for being the absolute life of the party, and John Allos for third, fifth and seventh wheeling every single couple in attendance.

This semester surely was stressful trying to adapt to the case-based curriculum that we had not experienced before (Thank you to Sachin and Dr.Trudi for making it bearable!!). But let's not forget about spontaneous meetups after exit tests which kept us going through the hard times. Carb loading after the test to fill the void



the grades are not fulfilling. Why need a destress yoga session when you can have Nando's and Gong cha? Here we share a few cute photos from post-test meetups:





So that brings us to an end of our last (official) report as your class representatives! We are extremely grateful to have had the opportunity to represent such respectful, caring and supportive class as you guys. Thank you all truly for your cooperation and words of encouragement throughout the year - we can sincerely say that we have been happy serving you guys as your class reps. We are honoured to have shared this freshers journey with you, and can't wait for the upcoming years with you guys! Looking forward to 2019 in anticipation of an year filled with much, MUCH more gossip and social interactions.

With lots and lots of love your friendly Class reps,

Sue In & Joseph



### Marketing Reps

Hey everyone, this year has been hugely successful! We have built on our first semester, providing many more events and social gatherings of the utmost quality for our sponsors and members. Both of us are extremely proud in what we have achieved this year, particularly the relationship with our new sponsor (Pfizer) and the Rx Factor. Rx Factor had an immense turnout, it showed that Pharmacy students have a wide array of talents. We deeply appreciated our sponsor PSNZ for being able to provide the prizes for the winners.

Other noteworthy successes were sustaining our relationship with all our previous sponsors from last year (PGNZ, ProPharma, RxOne, Green Cross Health, PSNZ), APSA packs and the great turnout for the masterclass.

We were privileged to have our 3rd and 4th year dispensing trophies awarded to the two excellent students by our sponsors Green Cross Health and RxOne. These awards aim to recognise academic excellence for BPharm students and to provide motivation for them to have something to work towards. We were also privileged to have been provided the ProPharma sports shield from ProPharma and this was awarded to the th years. It was great to see the 4th years defending their crown from previous years. We must acknowledge the hard-fought challengers from ProPharma, 2nd years and 3rd years.



We like to extend our most sincere thanks to each and every one of our sponsors. Our successes this year has largely been due to the backing from our wonderful sponsors. Without the extensive backing from our sponsors,



the events would not be possible. They provide APSA great support, and as a student-run non-profit organisation, we rely on the generosity of our sponsors to keep the association running. We hope pharmacy students recognise the contributions that our sponsors have made. This year's line-up of sponsors is:

Platinum sponsors: Green Cross Health

Gold sponsors: ProPharma & Damp; Pharmacy Guild

Silver sponsors: RxOne & Dizer

Bronze sponsors: PSNZ

Lastly, we wish next year's Marketing Executives (Patrick and Sue-in) all the very best. We know that they are the perfect candidates to succeed us, and to surpass all our achievements. All the very best to everyone in APSA next year. Thank you everyone for believing in us to be your Marketing Reps of 2018.

Doug and Johny



# APSA Sponsors

Platinum sponsor



**Gold Sponsors** 

**Silver sponsors** 



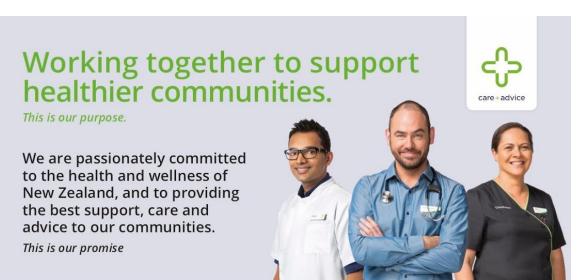




**Bronze Sponsor** 







As a leading provider of primary health care in New Zealand we are an 8,000-strong team united by our values – care for our community, work together, look after each other and do the right thing.

We are committed to raising the profile of pharmacy as part of the primary care team and to supporting the development of our pharmacy teams, to expand their scope of practice and leadership skills through our Green Cross Health Academy. We value our partnership with the School of Pharmacy and are proud to be a Platinum sponsor of the Auckland Pharmacy Students Association.



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# PHARMACY GUILD OF NEW ZEALAND





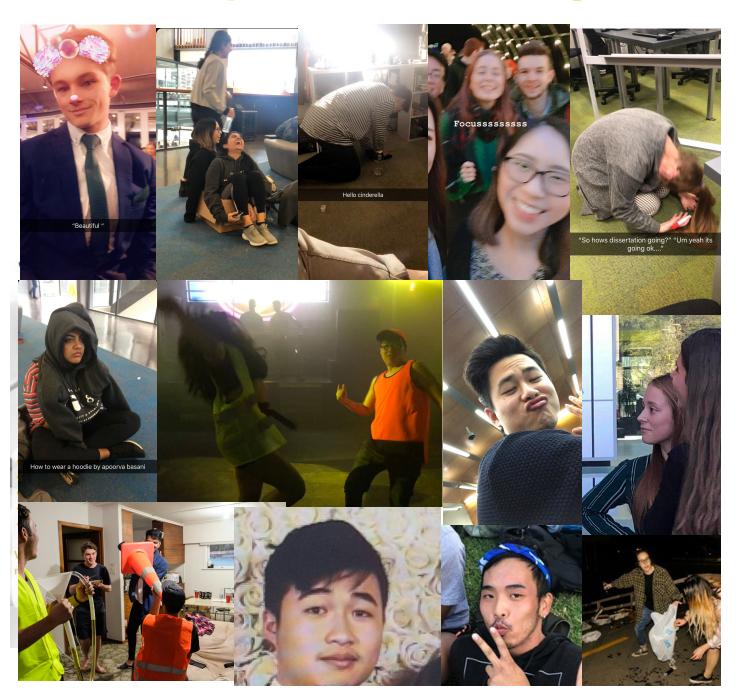
The Auckland Branch of the Pharmaceutical Society of New Zealand has over 1,000 members. We organise regular continuing education sessions for our members that cover many topical issues.

The Auckland Branch was set up by a voluntary group of PSNZ members to act as a branch of, and support PSNZ Inc. Our mission is to provide professional support, representation, advocacy, and training specific to and relevant for PSNZ Inc. members who reside in the Auckland region. We wish to ensure the pharmacy profession and the members in the Auckland area are well represented.

The Auckland Branch also provides support to the Pharmacy students at the University of Auckland and the Intern Pharmacists based in the Auckland region by organising events and activities. The Branch Committee is an opportunity to have your say, advocate for our region, network with colleagues, give back to the profession, and to meet new people in the pharmacy and wider health professions. As a rewarding experience, if you are interested in joining the committee or have any ideas for future activities please contact our Branch President, Peter Yoo, via email <a href="mailto:auckland@psnz.org.nz">auckland@psnz.org.nz</a> or phone 021 0230 3181.



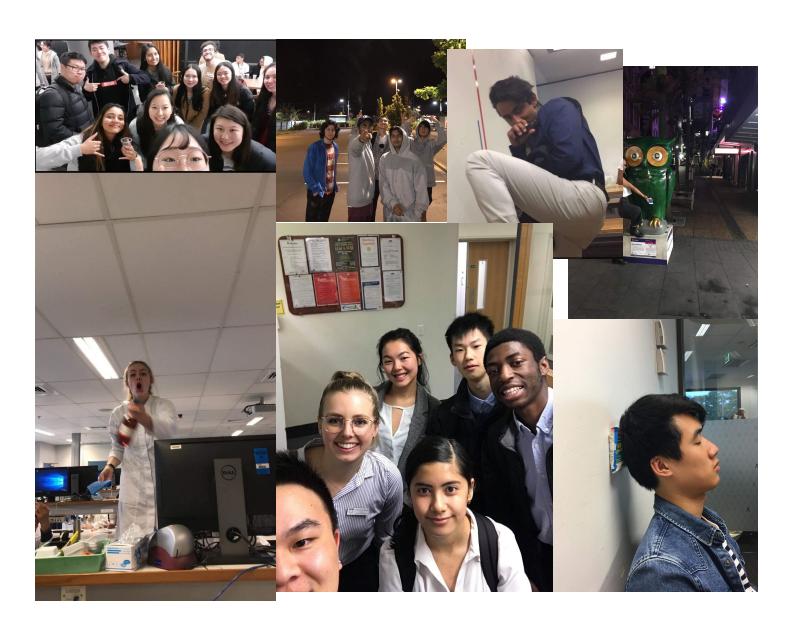
#### Pharmacy Near Misses Register



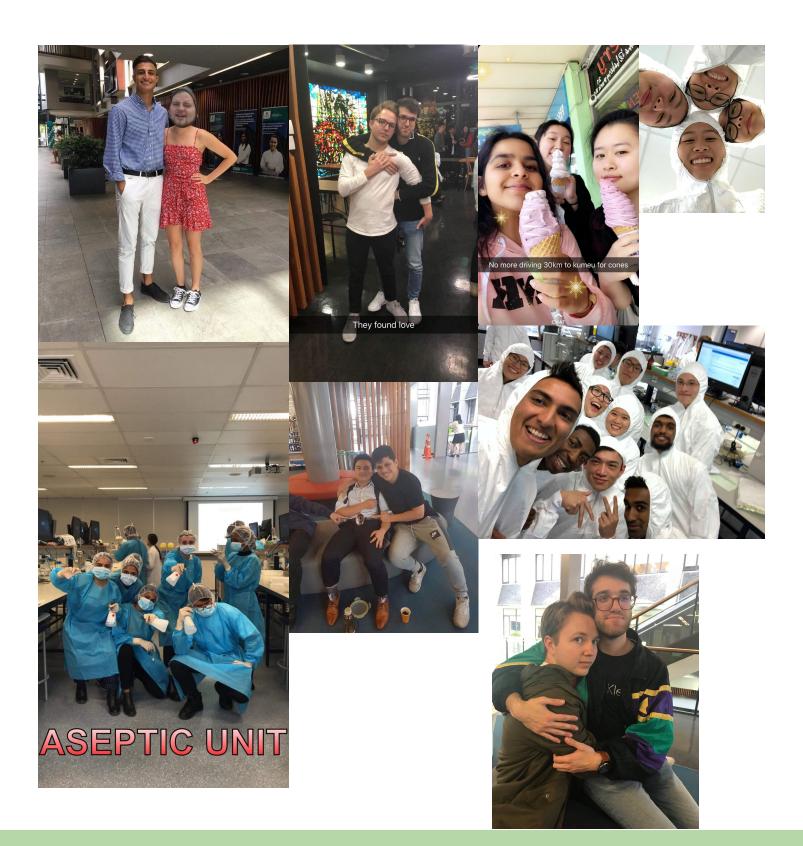














# Dissertation quotes

Now we can all agree it's been a tough year for all of us, for us 4th years dissertation has literally brought us to tears. So here are some quotes from our year, can you guess which Ones are from supervisors and which ones are from students?

