THE



SCOND EDITION

ENDING THE YEAR ON

DANCE OR DIE

SPORTS NIGHT

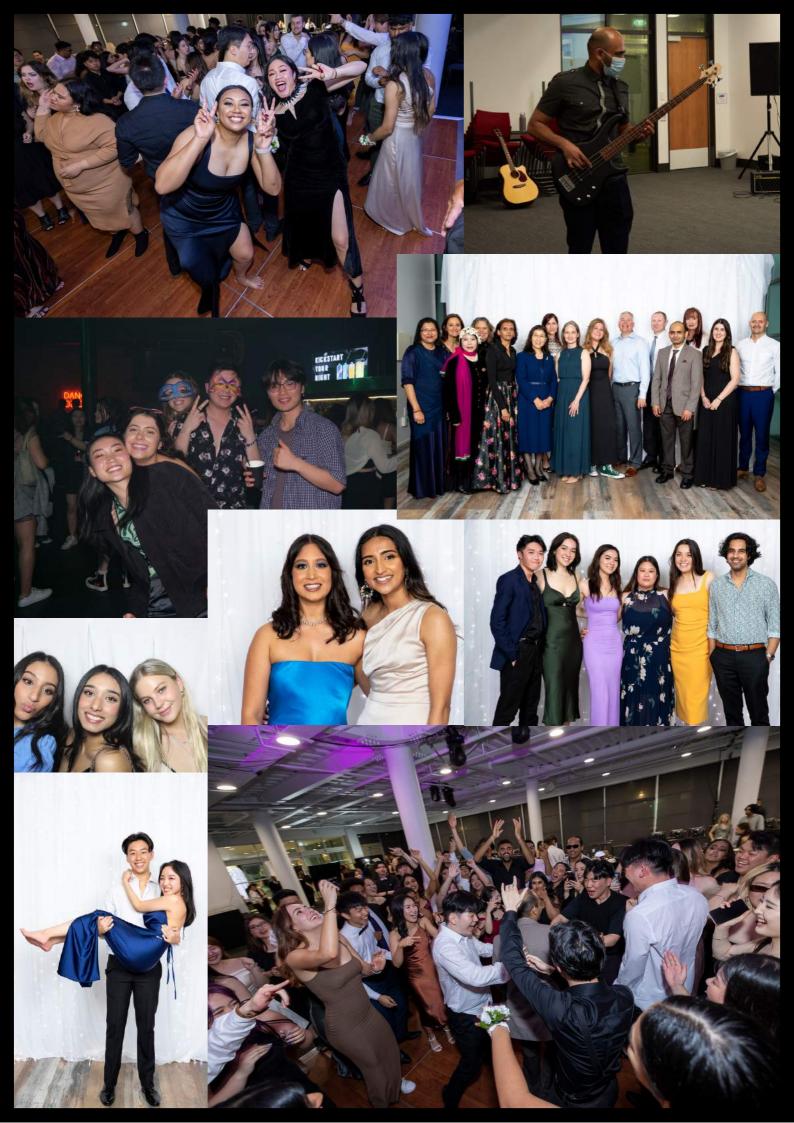
SECOND YEARS REIGN SUPREME

Rx FACTOR

PHARMACY'S TOP
TALENT BATTLE IT OUT

AND MUCH MORE...

COMPILED BY CHRIS & YEANY, MEDIA REPS



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ABOUT APSA

The Auckland Pharmacy Students' Association (APSA) is a non-profit student association that is elected and run, by UoA Pharmacy students. We aim to represent the interests of students from the University of Auckland. We liaise with Pharmacy School staff, members of professional committees such as PSNZ and the IPSF, and our sponsors.

We place great emphasis on the 'Pharmily' vibe of our small cohort, and encourage and facilitate peer-mentoring systems to ensure a strong and cohesive student body.

APSA is committed to providing students with a well-rounded selection of social, sporting, and educational events, in hopes of contributing towards a memorable university experience for budding health professionals.



FROM THE PRESIDENT

Hello PHARMILYYYY

I cannot believe we have made it to the last edition of 'The Script' and can hear the beach calling to us. This year has been absolutely incredible and a tad bittersweet for us fourth years where it's starting to sink in that our uni life has come to an end. It felt pretty surreal to have our last ever dispensing labs and PHC workshops. Luckily, to help with all of the emotions, APSA has had an absolutely AMAZING second sem that I am sure we will all remember for years to come.

We began the semester with an emphasis education with on Pharmacy 'Survival' Workshop for the babies of the BPharm (2nd years <3) and a packed room for our PSNZ careers evening. Our multi-sports night was a SLAM DUNK with students, staff and sponsors getting competitive on the courts. Myself, along with the other FMHS Presidents held the first ever HealthCare **Professions** Roundtable (CPR) and students from other professions loved hearing about the scope of pharmacy. We started off Te Wiki o te Reo Māori learning all about cultural safety.



Next up, our Stein was a great excuse to get festy ready - shoutout to the Medical Imaging Students' Association for the awesome collab! It was amazing to bring back Rx Factor after a 2-year hiatus and see all the hidden talent. Our sell-out annual Pharmacy Ball definitely matched the theme, leaving all attendees feeling 'on cloud 9' with the beautiful decor, exquisite food and fantastic company.

CONTINUED...

FROM THE PRESIDENT



A massive THANK YOU to my 2022 team for all the time and effort you have put in to making this year unforgettable. You have all been a pleasure to work with. Next, I would like to personally thank our sponsors for all their support and contributions throughout the year. Our sponsors are the reason that APSA can provide such high quality events and our relationships with them mean so much to us. Lastly, thank you to the staff who guide us through all the BPharm content. Your dedication and passion for teaching has not gone unnoticed and we all greatly appreciate the work you do for us students in the School of Pharmacy.

I am happy to have handed over to Madeleine Roe, Anneka Cho, Emily Song, Celine Hui-Ning Chong and the rest of the 2023 APSA executive committee. I cannot wait to see everything you guys get up to next year!

It has been an absolute privilege being your APSA president and friend. I wish you all the best for the future and I hope you all have a wonderful summer!

Aroha nui,

SECOND YEARS

In a flash of an eye, our second year of pharmacy has come to an end and what a year it has been! There is no better way to start the second semester other than receiving a personalised white coat and name badge at the White Coat Ceremony. It was a wholesome and proud moment for all of us, and it was 110% worth the hype (day dreaming about more ceremonies like these).

From that moment onwards, our journey towards becoming 'medicines experts' began! After being thrown into the deep end with assignments and exit tests week in and week out, we were stu-DYING while juggling our placements. Despite the countless hours of crying over exit tests, case management preparations, integrated assignments and many more, it was all worth it when we stepped foot into the real world to see what pharmacists did on a daily basis during placement. And finally, we can say our first three modules in pharmacy are done and dusted!

From freaking out about our first 30 drugs in dermatology to nailing our OSCE, we have grown as a cohort and as individuals. Despite the packed semester, we cannot forget our triumphant victory against the 3rd and 4th years at sports night. The night would not have been the same without our star athletes: Kajani, Tiran and Jeff, just a few of our many MVPs! To top it all off, "The Thakurs" blew us away at The Rx Factor. We would like to give a special shoutout to Samuel, Sachin, Mitchell, and Zhishu for giving us such an amazing show. You definitely blew the audience away with the surprise Chinese rap Zhishu!

Each of you has contributed to making 2022 a special year. Thank you to all the staff for making 2022 an amazing year, and it has been our honour to serve as your class representatives:) Onto the next chapter, second-year pharmily! We can't wait to see what 2023 holds for us!





THIRD YEARS

After a whole year of studying, we are finally FINISHED. Time flies by when you're STRESSED I mean, having a wonderful time. Before becoming a 3rd year, some of our seniors said the jump from 2nd to 3rd year will be HUGE; it was NOT a jump, it was a SKYDIVE. As a result, we have had too many emotional and hormonal rollercoasters this semester (get it? hello women's + men's health). Despite the challenges, we all made it through with swag and fashion (did we??). We want to say a big THANK YOU to all of you for supporting us and providing us with constructive feedback over the semester and the year. And thank you for laughing at our memes.



From STEMI, renal transplant, to COPD, gout, natural health products in pregnancy and more, we covered a whole range of content this year! We even began to integrate all our knowledge to date as we become fully fledged pharmacists in integrated patient care. We also all really enjoyed our community and hospital placements around NZ and look forward to the future opportunities of putting all our learning into practice!

On the bright side, for the next 3 months, we don't need to come to Philson from 8 am to 8 pm for cases/workshops; no more fireplace YouTube videos (iykyk), and no more last-minute assessment hustle.

We wish you all have a relaxing holiday and we will see you next year!!

— JONATHAN & MADELEINE

FOURTH YEARS

We've finally reached the end of our BPharm journey, having triumphed over our final OSCE's and oral examinations. We've also finished with our dissertations - a year long love-hate relationship with research reaching its conclusion.

We thought we'd finish up with an acrostic poem to provide a bit of nostalgia as we reach our journey's end.



P is for Pills, prescriptions, and painful integrated assignments

H is for Hanbo, home isolations, and hiding from the tutor's eyes as they choose the next care plan presenter

A is for Adam, ACE inhibitors, and aseptic labs (which I hope you haven't forgotten about)

R is for Rheumatoid arthritis, realising that we'll never have to use MyDispense again, and Rhys Ponton

M is for Madhi, and learning maths for our calculations test

A is for Alzheimers, something we will hopefully not experience until we get older

C is for Counting in 5's, cramming before tests, cooking up crazy care plans and COVID messing up our degree

Y is for "Y did I leave that literature review to the last week?"



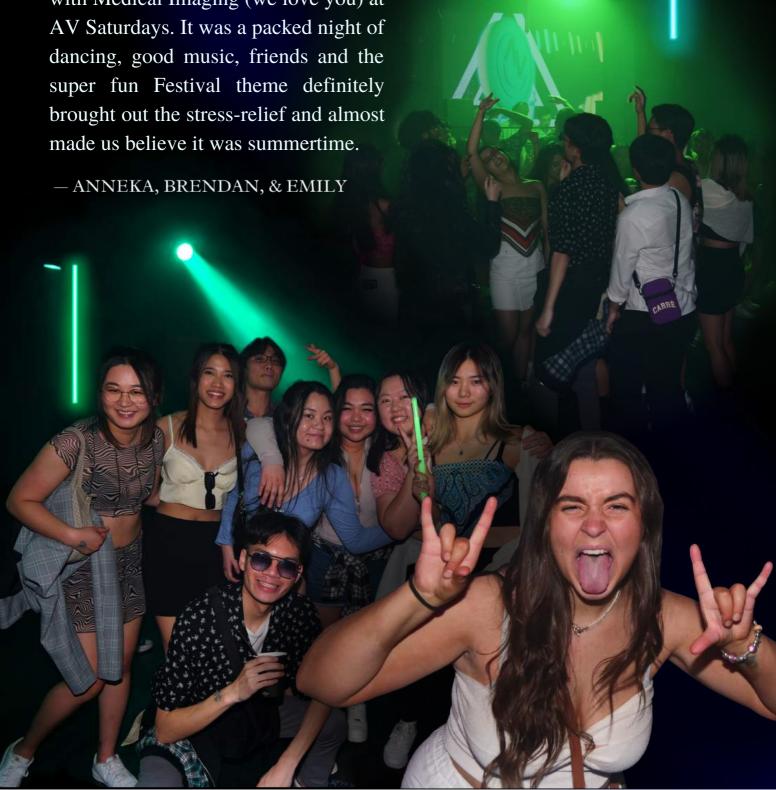
Congratulations to everyone for making it through a very stressful October and happy graduation! We're finally being let loose into the wild so patients and prescribers better look out for the latest and greatest pharmacy interns.

— EMILY & DANIEL

STEIN

This much awaited event was the first Stein we've held in two years!

It definitely did not disappoint. We had a super fun night in collaboration with Medical Imaging (we love you) at





We were thrilled to bring Multisports Night to life! Sponsors, staff and students went head to head in intense games of basketball, netball and dodgeball! The turnout was excellent, with the staff and Propharma team showing strong - and they did not go easy on the students.



We witnessed electrifying displays of competitiveness and athleticism from across the board, but the second years swung strong and took the Sports Shield for 2022! Overall, it was an incredible showing from everyone who participated!

— MAX & CELINE

CULTURAL SAFETY

This year we held our very first Cultural Safety Event! This event was all about raising awareness about the cultural diversity in the healthcare system and shedding light on the importance of cultural safety/awareness and what this may look like in pharmacy practice.

It was a privilege to have special guest speakers Jess Hutchings, Teei Kajaruna. and Mariana Hudson share important korero discussing their own personal beliefs, values, and experiences. The night was full engaging discussions of and activities, and ended with some delicious Māori and Pacific island food. It was an amazing event and we cannot wait to see it take flight in the years to come! - KEISHA

EDUCATION

It's been a busy year for education! We've had the amazing mentor-mentee programme running since March this year with over 50 mentor-mentee pairs across current and past students! It's been great to see relationships and support being built across the programme. Make sure not to miss it in 2023!

We kicked off the semester with a survival workshop for the second years to introduce them to case-based learning and pass on some handy tips we've learnt over the past two years (please write your e-portfolio in a seperate doc!).

I also personally had an amazing opportunity to share about the pharmacy profession and learn about many others alongside other pharmacy students at the MHS HealthCare Professions Roundtable (CPR) organised by the FMHS presidents.



Our final education event was an OSCE practice session with a wonderful group of 4th years helping our second and third years practice their communication skills and prepare them for future exams.

Thank you so much to the APSA team and all the amazing students who attended our education events!

Rx FACTOR

In the second semester, we were fortunate enough to bring back APSA's annual RxFactor, a night where students, staff, and sponsors get together to witness our home-grown talent. The night saw incredible showcases of various dances, band performances, and even a spicy noodle competition!

Although the event had been canceled for two years due to COVID-19, 2022's RxFactor was a massive success, full of music, laughter and an energising atmosphere - a nice getaway from all the studying and exit tests.





We would like to extend a special thank you to all the students and staff who made this event possible, and also to all of our valuable sponsors for continuing their support for us pharmacy students of Auckland University.

Nga Mihi, your Marketing Reps

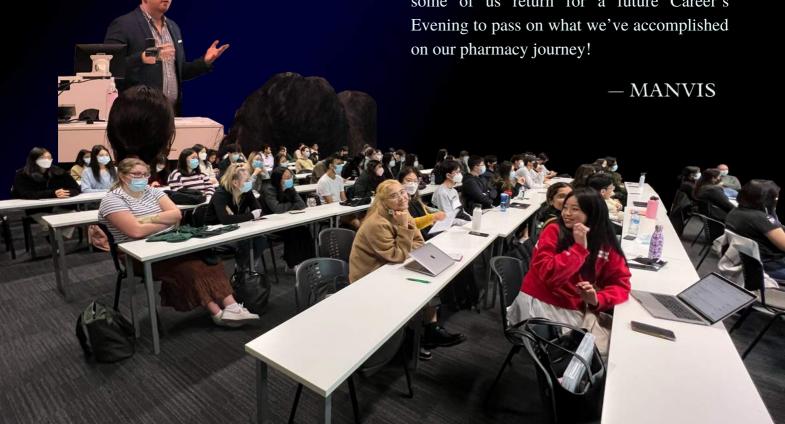


CAREERS EVENING

Attracted by the promise of free pizza (and maybe the opportunity to make meaningful connections with experienced pharmacists, or that...) something like nearly HUNDRED pharmacy students packed themselves into a lecture theatre for the 2022 APSA x PSNZ Careers Evening. This annual event was an amazing opportunity for students to hear about all the different things they can do with your fancy BPharm degree after graduating into the big, wide pharmacy World ard from pharmacists working in areas **GP-based** pharmacy, Compoundlabs and project management at Waitemata DHB. These guest speakers all gave an amazing insight into all the career pathways that pharmacy can offer outside of traditional roles such as community or hospital pharmacy and the journey they each took to get to where they are now.



Afterwards, students had the opportunity to mix and mingle with all speakers over pizza, and build valuable connections. We'd like to thank the amazing speakers who took the time out of their busy schedules to speak to us pharmacy students. It won't be long before some of us return for a future Career's Evening to pass on what we've accomplished on our pharmacy journey!



PHARMACY BALL

The first ever ball for our second and third years, and a first for some staff as well! This was a mission and a half to plan - but I think we can say we successfully pulled it off. With a buffet dinner, photo-booths and photographers, awards, the fan-favourite open bar and a DJ with lots of dancing to end the night, it was the most special way we could have finished off the year and to farewell our fourth years <3







And that concludes our year as your social reps!! It's been a wild ride pulling off events with so many fun times, good memories made, new friendships and of course, one or two drinks! We hope you've had as much fun as we had, and are looking forward to seeing your faces back next year woohooo! Best of luck to next year's socials!

The best ever social reps in APSA history signing off,

— ANNEKA, BRENDAN, & EMILY xoxox

FAREWELL LYNNE PETERSEN

Lynne has been Programme Director of the Bachelor of Pharmacy for almost six years, after taking on the role in 2015 alongside the roll out of the new BPharm curriculum.

In January 2023, she will be stepping down from the role of Programme Director and we are all extremely sad to see her go. She has provided countless hours of support and leadership for all of us students.

Lynne has gone above and beyond to ensure student success in the BPharm programme, especially through the particularly challenging recent-COVID times these past two years.

We will miss you lots Lynne!







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A MASSIVE THANK YOU TO OUR SPONSORS, NONE OF THIS WOULD HAVE BEEN POSSIBLE WITHOUT THEM



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