
THE SCRIPT

FIRST EDITION

*CHALLENGES TO
CELEBRATIONS: OUR
SEMESTER*

*UNVEILING
SEMESTER'S BEST
HIGHLIGHTS*

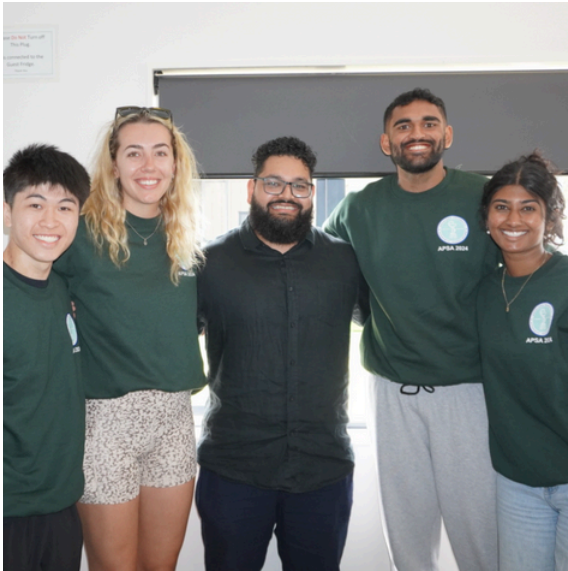


CONTENTS

4	INTRODUCTION TO APSA
6	PRESIDENT
8	VICE PRESIDENT
12	PART II
14	PART III
16	PART IV
20	SOCIAL
22	SPORTS
24	MARKETING



25	MAPAS
26	GRASSROOTS
28	WELFARE
30	IPSF
31	EDUCATION & PSNZ
32	COMING UP NEXT
33	SPONSORS
34	MEDIA



APSA

The Auckland Pharmacy Students Association (APSA) services current Bachelor of Pharmacy students and alumni from The University of Auckland. As an independent body from the School of Pharmacy, our mission is to advocate for pharmacy students and to ensure our members are getting the most out of their time as students. The association is governed by an elected board of executives and committee members from the student body each year. Our team aims to deliver high quality events throughout the year including those with an academic, social, sporting, cultural, and international focus for our members.

We always welcome new faces to our “pharmily” with open arms, which is why our calendar always starts with the Fresher’s camp. This 2-day experience organized by our executive team is filled with fun and excitement exclusively for our second year students. You’ll be introduced to your future peers and colleagues where we’ll help you to make the last few days of your summer the best ever with your new peers. Say goodbye to the first day of school blues!

As a non-profit organization, APSA greatly appreciates the support from our sponsors, some who have been supporting the association for over 8 years! Our sponsors help us to bring our events to life.



BIG 4



EDUCATION & PSNZ



IPSF



GRASSROOTS & WELFARE



SPORTS



SOCIAL



MARKETING



MEDIA



MAPAS

PRESIDENT

TIRAN

Kia Ora Pharmily!

I can't believe we're halfway through 2024. The year has gone by so fast, but that does not take away from all the fun we had. I have to say I am so proud of the fantastic APSA executive team for juggling both the stress of the BPharm programme and their responsibilities as executives.

We started the year strong in February by welcoming our incredible second years with our annual freshers camp. After being cancelled the previous year, it was great to socialise with the new class of 2026 and establish that connection beyond the BPharm programme. We played many fun social and sports games, our long-standing tradition of rural Olympics hosted by Jihee (Grassroots Rep), and our end-of-event toga party. Thank you to Martins Bay Holiday Park for the service they provided during the 3 days at their resort. Another huge thanks to all the enthusiastic freshers and execs who were unafraid to get involved. I can safely say Freshers Camp 2024 was a major success, and we hope you enjoy the collection of moments in this edition of The Script.

The show must go on as the first week of BPharm APSA welcomed the full part II cohort in February with a fun game of person bingo. We then had Club Expo where APSA members surged in numbers, and everyone loved the free Dermal therapy products we offered. Thank you to Dermal Therapy and our Marketing Reps, Hester and Evan, for securing the free goodies.

March continued with our dynamic duo of Sports Reps, Ben and Suzy, organising Round the Bays. There was a great turnout from APSA this year, with around 20 students and staff running for charity. It just keeps getting better as our Social Officers, Yerang, Jenny & Fahim, organised our infamous Pubcrawl. This year, they arrested many criminals and had to take them to three different venues for sentencing.

We took an academic break from all our fun as our Education Rep, Aatika, organised an internship session for those wanting to go to the hospital. The fourth years were extremely privileged enough to have a session around what it's like being a Hospital pharmacist. The marketing reps Hester and Evan have also worked with different pharmacy companies to host internship evenings. These included Countdown Pharmacy, Chemist Warehouse, Green Cross Health and Totem Pharmacy Group.



FRESHER'S CAMP

Martin Bay Holiday Park

February 2024



NETBALL NIGHT

*University of Auckland Recreation Centre
March 2024*

Our last event of the semester was hosted by our MAPAS reps, Sionekau and Florence. We hiked up Mt Eden in the early morning to see the stars of Matariki. Regardless of the cold, it was so insightful to learn about the tradition and significance of Matariki.

As always, I have to say thank you to a few different groups. Firstly, the School of Pharmacy Staff for always supporting APSA and all students. Secondly, our amazing sponsors: Green Cross Health, Chemist Warehouse, Totem Pharmacy, Bargain Chemist, PSNZ, Pharmacy Guild of New Zealand, Nene Chicken, Gongcha, and Dermal Therapy. Lastly, to my legendary squad of APSA execs, I cannot thank you enough for helping me run this club. Especially Ashley and Isha, our media reps who create our amazing photos and social media posts. Another huge shout out to my Big 4 associates - Rose, Mitchell, and Kajani. Without you, we could not assemble this fantastic collection of events for our students.

Keep an eye out for APSA; Semester 2 is gonna be bigger and better - just you wait!

Our second sports event of the year was Netball Night, which the Part 2 students dominated, claiming victory for the chance at claiming the sports shield.

This year, APSA got grant money, which helped us fund our very first APSA Picnic, hosted indoors in 507 by our social reps. Free food and a good chat with students of all years and staff - what more can you ask for!

Moving forward, our welfare rep, Sophie, planned many fun and educational activities for welfare week. These include daily videos from staff and students with their welfare tips, origami, wellness walks and a painting session. Huge thanks to Sophie for all her fantastic work to plan this week.

Our PSNZ rep, Jenessa, planned and hosted a careers evening to show students that pharmacy is not just about counting pills.

We then returned to the sports arena for our futsal night, where the part 4 students took the win, putting them in contention to win the sports shield.

Our IPSF reps, Kelly and Rachel, organised a “What is IPSF” week, giving our online audience the chance to learn more about the purpose and goals of their committee.



MATARIKI - STARS AND STORIES

*Maungawhau, Mount Eden
June 2024*

VICE PRESIDENT

ROSE

Kia Ora darling pharmacy students!!!!!!
What a sem - wow !!!!!

It has been super intense for us fourth years, and I'm sure you third and second years are feeling the same way - but yay we have finished the first semester so I am super proud of us xox

We have had a packed semester, not only uni-wise but APSA-wise. Our exec has been putting in the mahi that's for sure.

Starting off with the Freshers camp; I think it's safe to say it was enjoyed by all, and the weather put on an absolute show. It was amazing seeing the new second years bond not only with each other, but with the third and fourth year exec and helpers. A few of the crowd favorites were Greasy Pig, Sock wrestling, and getting smacked in the head in Mr. and Mrs. Olympia (fr, I was only trying to help).

Next we had the social reps pull through with a few events this semester; starting off with a cops and robbers themed pub crawl that let us law abiding citizens loose for the night! It was awesome to see lots of the second years from Freshers, and it was a fun night overall.



WIKI WHAI HAUORA - WELLNESS WALK

*Auckland Domain
May 2024*

We have also been lucky to have TWO sports events this sem - Netball and Futsal night. Both turned out to be successful events with a good number of each year group there. It was also super fun to see some staff and past students there to get amongst the action.

Next sem promises to be even better with the Ball, Interfaculty Mixer, two more sports nights, and the last EVER semester for us fourth years (well, hopefully...).

I wanna say a huge thank you to Ti, Kajani and Mitch for being so super helpful and supportive, as well as the rest of the APSA team for all your hard work this semester - it doesn't go unnoticed and we are super grateful for you and proud of you superstars.

It has been a super fun sem and I cannot wait for next sem and all the new memories we will make.

Lots of love to all you sweeties!!!!



TOGA PARTY

*Martin's Bay Holiday Park
February 2024*



COPS AND ROBBERS PUBCRAWL

*Outhwaite Park
March 2024*



TOTEM INFORMATION EVENING

*University of Auckland Grafton Campus
May 2024*



CLUBS EXPO

*University of Auckland Grafton Campus
February 2024*



APSA PICNIC

*University of Auckland Grafton Campus
March 2024*

FRESHERS CAMP

HIGHLIGHTS



CLASS REPS

Each year group's annual Class Reps work together to represent their cohort as a collective. They have SSCC meetings on a regular basis where they voice their classmates' feedback to the academic staff and ensure compromises are met. Make sure to let your class reps know about any issues that arise, and if you ever need a listening ear!



TYRELL & PJ
Second Years



RACHEL & DAISY
Third Years



DAYIN & AMINA
Fourth Years

PART II

TYRELL & PJ

What an exhilarating first semester of Part II, wouldn't you agree?! In the grand saga of our academic journey, this semester stands as a testament to our resilience and camaraderie. From the alchemy of our first compounding labs to the gauntlet of our last-ever exam, we transformed from strangers into a united force. Each challenge and triumph wove us into a vibrant gallery of shared excitement, remarkable moments, and unforgettable experiences. So, buckle up and read along to see what a fantastic journey it has been!

Freshers camp kicked off our adventure in the best way possible, letting us connect with our peers right from the start. But it didn't stop there. Orientation day came through with the perfect mix of excitement and nerves, where we seized the opportunity to forge lifelong friendships—or perhaps meet that special someone...



As we navigated the early morning workshops and tackled those challenging compounding labs, we found solace in events like the pub-crawl and netball games, which wiped our tears away and replaced them with laughter and unforgettable memories. Stressful moments, whether from weekly assessments or the dreaded exit test preparation, transformed into bonding sessions where we leaned on each other, sharing tips, relatable frustrations and most importantly, keeping each other company.

Over time, the connections within our cohort evolved from mere acquaintance into something much more profound. Like covalent bonds in chemistry (sorry, couldn't resist), our friendships grew stronger, resilient, and unbreakable. Together, we've built a community that feels more like a family, ready to tackle whatever challenges come our way.



And the best part? There are still countless memories to create as we continue this incredible pharmacy journey. We cannot wait to look back on what we have to say once we cross the final step of our journey and how far we've grown as individuals. So, here's to more adventures, more laughter, and many more unforgettable moments!

From your best Class Reps who are lucky to have such an amazing cohort (we can't imagine what it would be without you guys)

- Tyrell and PJ

PART III

DAISY & RACHEL

Hello pharmily!

The transition from being the youngest child of the degree to now the beloved middle child was a big jump to take in at first, but look, we've already made it through the first semester!

Part III has been a massive transition for most of us, with heavy module contents, multiple assignments to complete and two whole weeks of placements as well. It has been a stimulating and enjoyable first half of the year with a possible ADR to the degree of caffeine withdrawal developing on the side.

We know that times have been tough with deadlines and assignments one after the other and the recent OSCEs jumpscare, but we've made it through this far with blood, sweat and tears. As your class reps, we have to say that we've seen each and every one of you try your best and we are very, very proud.



Although times are tough, we certainly still know how to have fun! Taking wellness walks with our beloved lecturers, pubcrawl sing-a-longs in the van, futsal and other sport games (shout out to our lovely sports reps Suzy and Ben), painting night, and many more! Times may be tougher in the future but our love for fun times will always conquer :) Do look out for more events in the future to help destress, like mixer, stein and lastly, perhaps the most exciting of it all, ball!!

We may not be the biggest, but we are the strongest little bundle of pharmies. We love you part III and we can't wait to see how semester 2 will help us grow even stronger. We're half way there to being the medicines experts in the room!

- Daisy and Rachel



PART IV

AMINA & DAYIN

WELL DONE GUYS!

It has been a tough semester, a REAL step up from level 3 to 7 (413 is still a level 4 though). Since the start of March, it's been a NONSTOP marathon. We've been running and running, but only a few more kilometres to go before we graduate and start swimming instead.

We started with the tricky oncology module and the deathly exit test, memorising all the mabs and nibs, followed by two intense weeks of placement. The hardships didn't stop there. We continued with the interesting but confusing neuro and psych modules, alongside multiple critical appraisals and UIPC. It's unbelievable that we survived.

Just when we thought we could catch a break, the truck of doom hit us unexpectedly—the integrated assignment. And let's not forget those who had to tackle 789 instead of 413—seriously, it's on another level of difficulty (honours girls lesgooo XD). With everything we've endured this semester, I reckon we could compete in the upcoming Olympics.





Somehow, amidst late-night study sessions and countless cans of V and cups of coffee, we had a great time. The AMAZING pre-exam memes, the lovely C&P workshops, and the time we spent with each other are memories that will last a lifetime.

We apologise for not being able to organise an end-of-semester meetup for everyone, but **LOOK FORWARD TO THE NEXT SEMESTER, GUYS!!!** If any of you have any fun, enjoyable, or exciting ideas, please let us know!

We are just one semester away from graduation, and I'm sure it will be amazing because we have one another!

Enjoy your break, take a good, good, GOOD rest with friends and family, and we will see y'all soon! “•ω•”

Yours, Dayin and Amina

SEMESTER



HIGHLIGHTS



SOCIAL

FAHIM, JENNY, & YERANG

What a stellar semester that was. We hope you all had as good of a start to the year as we did. Let's recap some of the awesome events we've had so far...

We started off the year strong with our freshers camp. This was a nice introduction to many of our second years and was filled with games and laughter.

We then continued the high with our Cops and Robbers themed pubcrawl where we cruised from the shore to the city causing crimes on the dance floor at three amazing bars. We could only take 80 students, but there are many more upcoming opportunities for those of you who missed out!



Our last event for this semester was our Pharmacy Picnic. This was a great chance for our different cohorts to mix and mingle over some kai in between classes.

And that's a wrap for the semester! All our events have been a success so far due to the eagerness and outgoing nature of you guys. We wish you an amazing break and can't wait to see you all at our next event...

THE GARDEN OF TIME INTERFACULTY MIXER is coming up on July 12th. See you there and lots of love always, from your social reps xx



SPORTS

SUZY & BEN

Hey Pharmily, it's Ben and Suzy!!

Our first events at the Freshers Camp with ultimate frisbee, relay race with a TWIST, tapu ae and the fan favourite, water rob the nest, kicked off a running start to the year, seeing new friendships develop with the new babies of the pharmily.

This led to our next big event, Round The Bays, just after the semester started making us huff and puff, losing all the calories we gained over the summer. This fundraising run entailed beautiful views and aching legs that both APSA and NZOSS (NZ Optometry Student Society) experienced, allowing us to meet our future healthcare professionals!

Netball Night was next, and we saw a great turnout of staff and students! The year levels battled it out to find the most sporty year in pharmacy! It was a fun experience seeing teams with your fellow classmates of both new and experienced players laughing and mingling with a variety of year groups. A MASSIVE congratulations to our MVPs and the fourth years for winning Netball Night.





The last event we had for the semester, Futsal Night, had the biggest turnout yet; we were shocked! That night, we saw a fierce battle between the year groups and our special guest, the Alumni, fighting for the top spot, and after many clashes, the fourth year took the top spot. Huge thanks to the Alumni coming out to this event, allowing the students to mix and mingle and get an insight into how the graduates find the outside world.



Next semester, we have a Volleyball Night coming up; this is an event you don't want to miss! We could also never forget the annual multisports night as our finale for this year; this will be APSA's biggest and most exciting sports event of the year, allowing for stress-free fun! Quickly gather your friends and teams, as more information will be posted sometime in Semester 2.



MARKETING

HESTER & EVAN

The APSA marketing year started off with a bang at Freshers Camp in February. We welcomed in Chemist Warehouse as a new platinum sponsor and had Jimmy and Angus share some words of wisdom to our new pharmacy students. Followed by Pranto from Totem who came to speak to us about his journey as a pharmacist and the opportunities that Totem has to offer. Totem also treated us with goodie bags, which were much needed after a jam-packed 3 days at Freshers.

At clubs expo, Dermal Therapy and Gong Cha provided us with their products and vouchers that was definitely a hit for those who visited our stall.



Following on we had some awesome information evenings with our sponsors:

Young and Rochelle from Woolworths Pharmacy came and spoke to us about the internship opportunities at Woolworths.

Ken and the Chemist Warehouse staff introduced us to their internship program where we had a fun game of Kahoot with prizes won.

We welcomed Pranto back and he shared how Totem can support students in all stages of their pharmacy studies/career. Once again, providing us with much appreciated goodie bags.

Finally, in between a busy exam period, we had a rewarding night with Leah and her team at Green Cross Health who hosted an information evening for our Part 3 and 4 students at Coops Corner Pub. Students had the opportunity to mingle with GxH pharmacists and staff while enjoying the delicious food and drinks provided.

We would like to thank each and every one of our sponsors from the bottom of our hearts for your generosity. As a non-profit, student-run organisation, APSA would not be possible without your support. We look forward to what the rest of the year brings, with plenty of exciting events planned. Including our sponsors' event, the renowned pharmacy talent show, RxFactor.



MAPAS

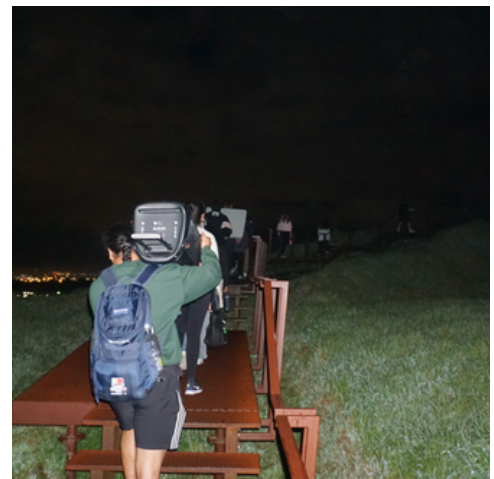
FLORENCE & SIONEKAU

Mālō e lelei, Talofa lava, Taloha ni, Kia ora, Fakaalofa lahi atu, Namaste, Nisa bula and warm Pacific greetings.

In semester one, we celebrated the language weeks of Tokelau and Samoa. We did this by sharing a daily phrase and fun fact on the APSA social media pages and ended the week with a quiz, where winners received flower leis. It was particularly special to have former MAPAS representatives of Samoan descent participate in Samoan Language Week by sharing a 'phrase of the day'.

After suggestions of a Matariki event from previous MAPAS reps, we finally held our first exclusive Matariki event, 'Matariki - Stars and Stories,' presented by APSA. This event entailed a walk up Maungawhau (Mt Eden) with our fellow BPharm students and staff at dawn to gaze at the stars and reminisce on the year that's passed. At the summit, we shared some kai, played a Māori game, sang a waiata, and held a presentation outlining what Matariki is, its significance, and how it is celebrated. Overall, it was an amazing event, with a good turnout and a privilege to highlight Māori culture and celebrate Matariki with the pharmily!

Coming up in semester 2 are future language weeks and our annual Cultural Safety Evening, where we invite guest speakers to present about cultural safety. Thank you for all the support so far, ngā mihi.



GRASSROOTS

JHHEE

As the representative for FMHS Grassroots club, my goal this year is to make sure our pharmacy students get involved in Grassroots events and build cultural safety by bringing together people from different regions, cultural backgrounds, and different clinical programs.

Grassroots kicked off the year at Fresher's camp with the rural Olympics! It was exciting to be able to run this event again after a 2-year hiatus thanks to Covid. It was impressive to see all the freshers involved in every activity alongside their peers and seniors. The exec demo sock wrestling round and greasy pig were some of the highlights of the fun in the sun!

It was an honor to be invited and sponsored for this year's National Rural Health Conference in Pōneke. This annual conference brings health professionals from rural regions together to discuss their best practices, share research findings, and network. We had a great time gaining insights from the speakers, and forming new connections!





Our annual Grassroots event, Rural Health Week is coming up on the week of 29th July. This week-long event will provide heaps of educational and social activities, including a Sausage Sizzle, Casting and Suicide Prevention Workshops, a Rural Health Careers Evening, and the Knees Up Stein! I highly encourage you guys to attend the Careers Evening to hear from health professionals across various degrees about their experiences in rural practice.



Rural School Trips are a fully-funded, 5-day trip involves visiting rural schools around New Zealand with clinical students, promoting health careers. If you're looking for a break from memorizing MoA for drugs and want to create long-lasting friendships while developing various skills to become an 8-star pharmacist, this programme is for you! There will be two trips held in September and November, so stay tuned!

The Grassroots club has provided scholarships for our 3rd and 4th-year students, encouraging pharmacy students to apply for placements in rural areas. Congratulations to those who received scholarships in Semester 1, and there will be more funding opportunities next semester!



WELFARE

SOPHIE

Hey Y'all!

As your Welfare Rep, I have had so much fun supporting you during the events of semester one, but nothing beats Wiki Whai Hauora! I'd like to first thank all of our amazing staff who provided invaluable wisdom throughout the week; Shane, Trudi, Emma, Darren, and Sachin. Their daily tips gave us all something to think about and as we enter the next part of the year, try and reflect on your own wellbeing practices and how you can find a better balance in your life.

We started the week with some of our third and fourth year students supporting our second-years after their test. This was a great opportunity to strengthen relationships throughout the program and provide some positivity after a stressful moment. I hope it brought some sweetness to your day, and not just because of the lollies! Next we gathered for a relaxed morning of origami which allowed us to take a moment to slow down and try something new. I was so impressed with everyone's creations!

A highlight of the week was a bonus wellness walk around the gardens of the domain. I loved seeing the autumn leaves and the sparkling waters of the Waitematā. It was such a joy for students and staff to take a moment to enjoy the beautiful environment around us. If you weren't able to join us, don't worry, there are many more walks throughout the year so keep an eye out for announcements on APSA's instagram!





My personal highlight was our Wellness and Watercolour event on Friday. As the grand finale of the week, students gathered to unleash their creativity by creating their own masterpieces. It was a wonderful time to relax and unwind to calming music, conversation, and expression.

So what's coming next? The year is not over yet, and neither are the opportunities to improve your own hauora! Next on the calendar is the fourth year first and vaccinator courses. This will prepare our students for internships and their future careers as eight-star pharmacists! For all students, keep an eye out for more welfare events throughout semester two, and don't forget to look after yourselves and your fellow students.

Until I see you next, make sure to try implementing the following actions to improve your own wellbeing; tukua (give), me kori tonu (be active), me whakawhanaunga (connect), and me ako tonu (keep learning).

Much love,
Sophie



IPSF

KELLY & RACHEL

Since late 2020, APSA has been a proud member of the International Pharmaceutical Students' Federation (IPSF), a global organization committed to improving public health through information, education, networking, and diverse professional initiatives for pharmacy and pharmaceutical students.

As APSA enters its fourth year of membership in IPSF, significant efforts have been made to increase awareness of IPSF. One key initiative was the establishment of an APSA-IPSF subcommittee. This year, the APSA-IPSF subcommittee includes the following members:

- Chris Kwon
- Jane Lowe
- Donna Robert
- Dhara Rana

Throughout the first semester, our subcommittee has worked on various posts, including:

- What is IPSF?
- World Immunization Week
- World No Tobacco Day



To raise awareness, a "What is IPSF Challenge" was organized on the APSA-IPSF Instagram account (@apsa_ipsf). This initiative involved posting a series of informative videos, followed by a short quiz to engage viewers and test their knowledge.

IPSF offers a Student Exchange Programme (SEP), which is its largest project. SEP provides students with the opportunity to experience pharmacy practice in over 80 different countries. APSA has completed the application form after negotiations with the university and is now awaiting a meeting with IPSF to officially launch the program.

Looking ahead, there are many exciting opportunities within IPSF, including:

- Students attending the Asian Pacific Pharmaceutical Symposium (APPS) in Chiang Mai, Thailand
- Celebrating World Pharmacist Day in September

EDUCATION

AATIKA



Education kickstarted the year with the amazing mentor-mentee programme with approximately 60 mentor-mentee pairs across current and past pharmacy students, as well as interns and alumni pharmacists! Overall it has been great to see relationships and networks being fostered across the programme and the pharmacy world. Make sure not to miss it in 2025!

The hospital internship talk also ran successfully with Kim Brackley, Lauren Assink and Aaron Walker engaging with our 4th year students, answering various questions and providing valuable information to future hospital interns! To supplement this, a casual Zoom session was held with current hospital interns for 4th years applying for hospital internships! This session was greatly beneficial to aid in CV building and networking.

We look forward to what semester two will bring! Thank you to the APSA team and all the amazing students who attended our education events.

PSNZ

JENESSA

This year, the annual PSNZ x APSA Careers Evening inspired yet another cohort of students, leaving them excited about the myriad possibilities their Bachelor of Pharmacy degree can offer.

We were extremely fortunate to hear from an array of fantastic speakers, all of whom were pharmacists. First up on the panel was Michael Hammond, who not only works for Te Whatu Ora New Zealand but also serves as our national PSNZ president. Emma Griffiths followed, sharing her journey as a palliative care pharmacist. Natasha Pool was next, providing insights into her career as a pharmacist prescriber, followed by Piekay Kuan and Esther Sohn from CompoundLabs. Last but not least, Peter Yoo presented his career path in the industrial side of pharmacy.

We would like to thank these amazing speakers who took time out of their busy schedules to present and network with us pharmacy students. Their unique journeys and experiences enriched our understanding of the diverse opportunities available in the world of pharmacy.



NEXT SEMESTER

COMING UP

FMHS MIXER

RX FACTOR

MOVIE NIGHT

STEIN

RURAL HEALTH WEEK

VOLLEYBALL NIGHT

WORLD PHARMACIST DAY

WELLNESS WEEK

MULTISPORTS NIGHT

CULTURAL SAFETY EVENING

BALL

SPONSORS

PLATINUM



GOLD



SILVER



BRONZE



PHARMACEUTICAL SOCIETY
of New Zealand Incorporated

LOCAL



Gong cha



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- 4/ look after each other.



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Totem

We are proud to continue being a platinum sponsor of APSA. We deeply value our partnership and hope to continue supporting you for many years to come.

If you aren't familiar with Totem, **we are a network** of 24 individually owned and operated pharmacies, working towards similar goals, with the same ideologies at the core of our practice. **Our vision is to create a generation of strong, competent and independent community pharmacists who have patient care at the core of their practice.**

Why choose a Totem Pharmacy as in intern site in 2025?

We have created the Totem Intern Program in way that supplements the one set out by EVOLVE, with the primary focus of **providing supportive intern sites and preceptors** who encourage the natural progression and development of competent, well rounded intern pharmacists.

How we support our Interns

- Experienced and supportive preceptors and clinical advisory team
- Dedicated Student Liaison who provides structured group trainings and supports each intern's individual needs
- Competitive rates with training fees covered
- Training sessions provided throughout the year
- Periodic check ins
- Constantly adapting our practice to ensure that our program can be as good as it can be for those in it



2024 Totem Intern Pharmacists at a group training session.



Pranto Rahman (centre) with long term employee and intern pharmacist for 2025 Kajani Sivaloganathan (center front) along with attendees of Totem presentation at UoA School of Pharmacy.

Take a look at some comments from current Totem interns, there may be a name or two you recognise!

"Pranto has a genuine personalised approach to ensuring you are comfortable and supported one on one throughout internship. I couldn't be happier with the professional development opportunities with Totem."

- *Madeleine Roe - 2023 UoA Grad & APSA president, 2024 Totem Intern Pharmacist*

"Getting together to learn and interact with other totem interns has been greatly beneficial. The support from each others insight has been refreshing!"

- *Max Yeung - 2023 UoA Grad, 2024 Totem Intern Pharmacist*

"I have thoroughly enjoyed being an intern with Totem. My preceptor along with Pranto have guided me well and I appreciate the effort that they have put in. I value the periodic check ins and additional trainings that are provided. I believe they benefit not only me but every intern at Totem"

- *Benton Qian - 2023 UoA Grad, 2024 Totem Intern Pharmacist*

We have positions available across the network for students in all years to join our mentorship program as well as intern sites for 2025

More information about Totem, internships, as well as the programs we offer feel free to reach out directly to:
Pranto Rahman
Student Liaison and Programme Coordinator, Totem Pharmacy Group
pranto@totem.nz

MEDIA

IF YOU MADE IT UNTIL HERE...



We hope you enjoyed reading this edition of The Script!

This past semester has been packed with exciting events, and we're super glad we were there to capture all the good memories. We've loved being there since day one and watching the 2024 pharmily develop into what it is today.

None of the events this past semester would have been possible without everyone's attendance, and all the hard work from the entire exec team backing them.

We look forward to Semester 2 - enjoy the rest of your break and get recharged for all the upcoming memorable moments!

Live Laugh Love,
Isha & Ashley





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